The Procedure

Of the

Sandhyaa and Havan

संध्या व हवन विधि

महर्षि दयानंद सरस्वती कृत संस्कार विधि से

Extracted from the Sanskaar Vidhi

By

Maharshi Dayaananda

Saraswatee

In accordance with the

recommendations of the

Sarvadeshik Dharmarya Sabha

NJ Arya Samaj Mandir

191-193 Woodlawn Avenue

Jersey City NJ 07305
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\textbf{राधाय और शिष्याचार Preparation and Etiquettes:}

1. सब समय पर मंदिर पहुँचे, विशेषतः यजमान अवश्य ही समय से पहले पहुँचें.
2. सेल फोन आदि मंदिर में चुप्पे से पहले बंद कर दें.
3. अपने बच्चे पर नियंत्रण रखें. यदि वह शोर करे या उपद्रव मचाएं तो उन्हें दूसरे कमरे में ले जाएँ ताकि प्रार्थना में व्यवधान न आए.
4. उजाले रंग के वस्त्र पहने. काले या गहरे रंग वेल बाले वस्त्र न पहने.
5. आसान पर अन्य परिवारों के सदस्यों को भी बैठने दें

1. Show up on time before the start of the prayer service, especially the Yajmaan.
2. Switch off all cell phones and / or any other electronic devices, before entering the Mandir.
3. Families / individuals with child(ren) should ensure that their child(ren) are quite throughout the entire prayer service. Please take your child(ren) to another room if they are noisy or disruptive.
4. Wear light or bright colored clothing. Avoid any dark or dull colored clothing.
5. Happily share the vedi aasana with other families.

\textbf{प्रसाद और भोजन की तैयारी: Prasaad and Meals served after the prayer service:}

1. भोजन और प्रसाद को सात्त्विक तरीके से बनाएँ
   a) दूध, दahi, फनी, मक्खन के अतिरिक्त सभी पशु मूल के पदार्थों का मंदिर में लाए भोजन और प्रसाद में प्रयोग न करें.
   b) भोजन व प्रसाद बनाने से पहले स्नान करें.
   c) भोजन व प्रसाद में भीमा, अंडा आदि भौजू हो
   d) प्रसाद में नमक का प्रयोग न करें.

2. भोजन और प्रसाद को सात्त्विक तरीके से बनाएँ
   a) All animal origin products except dairy (milk, butter, cheese, ghee, yogurt) are considered non-vegetarian and unfit for human consumption.
   b) Prepare food in utensils that have never been used to cook any non-vegetarian food.
   c) Take a proper bath before the preparation of the food.
   d) Prepare food in kitchen where no non-vegetarian food is present.
   e) Prepare food prayerfully and with happy thoughts in your mind.
   f) Do not use smelly vegetables like onions and garlic in the food prepared to be served in mandir.

2. Do not put any salt in the prasaad
संध्योपासना Sandhyopaasana

1. यदि संभव हो तो आचमन और अंग स्पर्श के लिए एक लोटे में स्वच्छ जल और एक श्रेत तीलिया ले लें. जल उपलब्ध न हो तो भी संध्या अवसर करें.
2. प्राणायाम, सुखासन (पालथी) या अन्य किसी आरामदायक तरीके से बैठें. पीठ और गर्दन सीधी रखें. आखे अधकूली रखें.
3. संध्या के दौरान ध्यान लगाए और प्राणायाम द्वारा शास पर नियंत्रण रखें.
4. मंत्र का उच्चारण करते हुए उसमें निहित भाव की ओर ध्यान दें.
5. ध्यान लगाते हुए प्राणायाम करने का तरीका
   क) मंत्र का मानसिक उच्चारण करते हुए धीरे धीरे शास अंदर लें. साथी मंत्र में निहित भाव का स्मरण करें.
      अभ्यास के साथ पूरे मंत्र का उच्चारण एक शास में किया जा सकता है.
   ख) शास को यथाशक्ति अंदर रोक कर रखें
   ग) मंत्र का मानसिक उच्चारण करते हुए धीरे धीरे शास छोड़ें. साथी मंत्र में निहित भाव का स्मरण करें.
      अभ्यास के साथ पूरे मंत्र का उच्चारण एक शास में किया जा सकता है.
   घ) शास को यथाशक्ति बाहर रोक कर रखें.
   झ) अगले मंत्र पर जाएं और वही क्रम दोहराएं.
1. Sandhyaa is the foundation of the spiritual experience. Make sure to attend it.
2. If possible, take a “lota” (water cup) and a white towel for aachamana and aṅga sparsha.
3. Sit in a comfortable position, with back and neck erect and eyes slightly closed.
4. Meditate and practice deep breathing throughout the Sandhyopaasanaa.
5. Contemplate on the meaning of the mantra while chanting it.
6. The steps for proper deep breathing exercise while meditating are:
   a) Inhale slowly while mentally chanting a mantra and contemplating its meaning. With practice you should be able to mentally chant the whole mantra in a single breath.
   b) Hold the breath as long as you comfortably can.
   c) Slowly release the breath while mentally or softly chanting the same mantra again. Complete this phase and force all air out even if the mantra finishes before the breathing cycle is complete.
   d) Hold the air out as long as you comfortably can.
   e) Now go to the next mantra and follow the same cycle again.

प्राणायाम की मात्राएँ: एक अवधि में धीरे धीरे शास अंदर लें, दुगनी अवधि शास को अंदर रोक कर रखें, फिर एक अवधि में धीरे धीरे शास छोड़ें और दुगनी अवधि शास को बाहर रोकें. अभ्यास के साथ अवधि बढ़ाई जा सकती है. जितना आराम से हो उतना ही करें ताकि ध्यान में किस्मा न पड़े.

Duration of the breathing cycle: The proper duration for the various stages of the breathing cycle during praanaayaam is: 1 length for breathing in, 2 lengths for holding the breath in, 1 length for breathing out and 2 lengths for holding the breath out. For example, if you take 10 seconds for breathing in, then you should hold the breath in for
20 seconds, exhale out in 10 seconds and hold the breath out for 20 seconds. *However, work towards it slowly and make sure that you are comfortable enough to be able to meditate.*

**न करे:**
1) मंत्र का उच्चारण जोर जोर से ना करें. मन ही मन में उच्चारण ध्यान लगाने में मदद करेगा. यदि मुँह से उच्चारण करना ही हो तो इतना धीमे से करें कि आपके बगल में बैठे व्यक्ति तक आवाज न पहुंचें.
2) जल्दबाजी न करें. मंत्रों के बीच में विराम लें.
3) सभा में की गयी संध्या में लाउडिफिकर का प्रयोग यथा संभव न करें.
4) गहरे रंग के कपड़े उर्जा सोखते हैं उन्हें संध्या और हवन के दौरान न पहनें.
5) यज्ञमान यदि देर से पहारे तो हवन वेदी पर बैठने की अपेक्षा न करें.

**Don’t:**
1. Don’t chant loudly during Sandhyaa. Mental chants are the best. If you need to chant verbally, chant so softly that person sitting next to you can’t hear you.
2. Don’t rush your chants. Never begin the next mantra while the prior mantra is still unfinished.
3. Avoid using microphones and amplifier systems during Sandhyaa.
4. Don’t wear dark or dull colored clothing.
5. Yajmaan, in case you decide to come late, please don’t complain about not being invited to the hawan vedi.
Transliteration guide for Romanizing various phonetics:
Devanagari script has 15 vowels and 39 consonants and it is very difficult to transliterate
the original sounds using 26 letters from roman alphabet. Following guideline has been
used for transliteration while compiling this booklet.

Vowels:
The long vowel sound is represented by double occurrence of a roman vowel

<table>
<thead>
<tr>
<th>अ</th>
<th>आ aa</th>
<th>इ</th>
<th>ई ee</th>
<th>उ</th>
<th>ऊ oo</th>
<th>ऋ ri</th>
<th>ऍ ree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a</td>
<td>a</td>
<td>i</td>
<td>ee</td>
<td>u</td>
<td>oo</td>
<td>ri</td>
<td>ree</td>
</tr>
</tbody>
</table>

Consonants:
Devanagri has provision for several nasal sounds, retroflex consonants and dual
consonants. Please refer to following table for transliteration of the consonants.

<table>
<thead>
<tr>
<th></th>
<th>क</th>
<th>ख</th>
<th>ग</th>
<th>घ</th>
<th>ङ</th>
<th>ह</th>
<th>न</th>
<th>य</th>
<th>श</th>
<th>ष</th>
<th>स</th>
<th>ल</th>
</tr>
</thead>
<tbody>
<tr>
<td>गुट्टरल</td>
<td>क्ष ka</td>
<td>ख्ल kha</td>
<td>ग्ल ga</td>
<td>घ्ल gha</td>
<td>ङ्ल</td>
<td>ह</td>
<td>न</td>
<td>य</td>
<td>श</td>
<td>ष</td>
<td>च</td>
<td>ल</td>
</tr>
<tr>
<td>पालच्च</td>
<td>च्च cha</td>
<td>छ्छ chha</td>
<td>ज्ज ja</td>
<td>झ्झ jha</td>
<td>ङ्झ</td>
<td>या ya</td>
<td>श</td>
<td>ष</td>
<td>च</td>
<td>ल</td>
<td></td>
<td></td>
</tr>
<tr>
<td>रेट्रोफ्लेक्स</td>
<td>ट्ट ta</td>
<td>ठ्ठ tha</td>
<td>ड्ड da</td>
<td>ढ्ढ dha</td>
<td>ङ्ढ</td>
<td>या ra</td>
<td>श</td>
<td>ष</td>
<td>च</td>
<td>ल</td>
<td></td>
<td></td>
</tr>
<tr>
<td>दांती</td>
<td>ता ta</td>
<td>था tha</td>
<td>दा da</td>
<td>धा dha</td>
<td>ना</td>
<td>ला</td>
<td>स</td>
<td>स</td>
<td>च</td>
<td>ल</td>
<td></td>
<td></td>
</tr>
<tr>
<td>लूबी</td>
<td>पा pa</td>
<td>फ्फ pha</td>
<td>बा ba</td>
<td>भ्भ bha</td>
<td>मा</td>
<td>वा / wa</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>बिकोशनाल</td>
<td>(क्ष + ष) kṣha</td>
<td>(ज्ञ + ष) jña</td>
<td></td>
<td></td>
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</tbody>
</table>
Early morning Prayers:

In the early morning as we begin the day, (as we rise), we invoke Agni, the holy fire, the great purifier; Indra, the cosmic energy; Mitra and Varuṇa, sun and ocean; the Ashwins, twin divinities of nature’s energies of prana and udana; Bhaga, spirit of grandeur and glory; Pooṣha, spirit of nourishment and vitality; Brahmaṇaspati, Lord Supreme of the universe and the Divine Word; Soma, herbal energy; Rudra, lord of justice and freedom from evil and ailment.

As we begin the day we invoke Bhaga, all victorious lord and spirit of glory, child of indestructible mother Infinity and sustainer of all regions of the universe, universally acknowledged and adored, to whom the weakest as well as the most powerful and brilliant prays and says “O Lord, may I move on the pathway of Dharma to obtain the glory and grace I need”.

O Bhaga, lord of power and glory, you are the leader. Lord of light, you are the giver of victory in the field of truth. Lord omniscient, protect and promote this wisdom and intelligence of ours, giving us more and ever more of it. Lord of universal prosperity, provide us with adequate resources of land, cattle, the light of knowledge, speed and success in the field of transport, communication and achievement. O lord of life and humanity let us be blessed with leaders and workers of exceptional all-round qualities.
Om Utedaaneem bhagavantaḥ syaamota
Prapitva uta madhye ahnaam
Utoditaa maghavant-sooryasya vayam
Devaanaam sumatau syaama

O God, may we be happy and prosperous now, at this very time and at the end of the day, in the middle of the day and through the seasons. And also, O lord of power and glory, let us enjoy the good-will and kindness of the divinities during the day-time and all other times.

Om Bhaga eva bhagavaam astu devaastena
Vayam bhagavantaḥ syaama
Tam tvaa bhaga sarva ijjohaveeti
Sa no bhaga pura-etaa bhaveha

Bhaga, lord of glory is really the lord of glory. By virtue of his grace, let us too be masters of power, prosperity, and excellence, brilliant and generous. O lord of universal power and grace, all life and humanity does homage and obeisance unto you. O lord of prosperity and excellence, you alone are worthy to be our guide, pioneer and leader.
As a prelude to Sandhayaa, chant Om and Gayatree Mantra at least three times, contemplating on their meanings. The Gaayatree Mantra has been taught in a disciplic succession by ancient Rishis, to assist us to unlock the source of inspiration.

Om bhoor bhuwaḥ swaḥ,
Tat savitur vareṇyam Bhargo devasya dheemahi,
Dhiyo yo naḥ pracho-dayaat.

God is dear to me like my own breath. He is the dispeller of my pains, and the giver of happiness. I meditate on the supremely adorable light of the divine creator, that it may inspire my thought and understanding.

Oh Soul of Life, the Holy King of Kings!
Oh God of all the regions, high and low,
Oh Lord of joy, Whose Glory nature sings,
Who shapes the earth and lets the mortals grow.
We seek Thy blessed Feet to meditate
Upon Thy Glorious Form of Holy Light
Which drives away the gloom of sins we hate
And makes the souls of righteous people bright.
My heart, oh Father, meekly prays to Thee
To win Thy Grace, to make me good and wise,
And bless my mind with knowledge, full and free
From dark and vicious thoughts of sins and lies.
ATHA SANDHYO'PAASANAA VIDHIH
Here Begins the Procedure Of
Sandhyaa Upaasanaa (Brahma yajña)

We now Commence The Song of the Soul Established In Divine Meditation. We meditate on the Supreme Soul and the Universe, to discover our relationship with both.

FIRST PERFORMANCE

आचमन AA-CHAM-ANA:
Sipping sacramental water as amrita, the nectar of deathlessness, and asking for a life filled with happiness. (Chant the mantra once and sip the water thrice).

अो शन्नो देवीर्भिष्टेयसापो भवन्तु पीतयेः।
शंयोर्भिष्टो स्ववन्तु न: || १ ||
—यजुः ३६।१२

1. Om shanno deveer abhiśṭa yaa'apo bhavantu peetaye.
Shanyor abhi sravantu naḥ.

Devee swaroop eeshwar poorṇ abheesht keeji-e
yah neer ho sudhaa-may kalyaan daan deeji-e
Nit riddhi siddhi barse hit ho sadaa hamaaraa
bahatee rahe hriday me sad-dharm prem dhaaraa

TRANSLATION

May the All-Pervading Divine Mother, the Bestower of light and happiness, be helpful to us in satisfying the cravings of our body and soul, and may She shower on us Her blessings and happiness from all around.

May the Divine Waters be for our drink and fulfillment. May they continually flow from the fountain of peace all around us.

O All-pervading Mother, Sweet and Divine,
Be pleased to bless the cravings of my soul
To reach thy bosom. May this world of mine,
Be filled with peace and bliss from pole to pole.
SECOND PERFORMANCE

इंद्रिय स्पर्श INDRIYA SPARSHA:
Touching the limbs with sacramental water, and praying that these limbs may earn me fame (yasha) and strength (bala).

अंतःइंद्रियस्पर्शः—

ओं वाक् वाक्। ओं प्राणः प्राणः। ओं चक्षुः चक्षुः। ओं श्रोत्रं श्रोत्रम्।
ओं नाभि। ओं ह्यद्यम्। ओं कण्ठः। ओं शिरः। ओं बाहुमयं यशोबलम्। ओं करतलक रप्ते॥

2. Om vaak vaak (Touch lips)
   Om praanaḥ praanaḥ (Nostrils)
   Om chakshuḥ chakshuḥ (Eyes)
   Om shrotram shrotram (Ears)
   Om naabhiḥ (Navel)
   Om hridayam (Heart)
   Om kantaḥḥa (Throat)
   Om shirah (Head)
   Om baahu-bhyam yasho-balam (Shoulders)
   Om kara-tala kara-priṣṭṭhe (Palms, front and back)

<table>
<thead>
<tr>
<th>Tan man vachan se honge, ham shuddh karm kare</th>
<th>Tan man vachan se honge, ham shuddh karm kare</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dush-karm se bacheengee, sab indriyaa hamaaree</td>
<td>Dush-karm se bacheengee, sab indriyaa hamaaree</td>
</tr>
<tr>
<td>Vaahe vishuddh hogee, priy praan puunya-shaal</td>
<td>Vaahe vishuddh hogee, priy praan puunya-shaal</td>
</tr>
<tr>
<td>Hoonge hamaaree aankhe, ye divya jyoiti-waalee</td>
<td>Hoonge hamaaree aankhe, ye divya jyoiti-waalee</td>
</tr>
<tr>
<td>Ye kaan jnaan bhooshit, yah naabhi puusti-karee</td>
<td>Ye kaan jnaan bhooshit, yah naabhi puusti-karee</td>
</tr>
<tr>
<td>Hogaa hriday, Dayaamay! samyak sudharm dhaaree</td>
<td>Hogaa hriday, Dayaamay! samyak sudharm dhaaree</td>
</tr>
<tr>
<td>Bhagawaan! teree gaathaa, gaa-egaa kanta mera</td>
<td>Bhagawaan! teree gaathaa, gaa-egaa kanta mera</td>
</tr>
<tr>
<td>Sir me sadaa rameega, gaurav gurutw teraa</td>
<td>Sir me sadaa rameega, gaurav gurutw teraa</td>
</tr>
<tr>
<td>Hoonge ye haath mere yash oj tej dharee</td>
<td>Hoonge ye haath mere yash oj tej dharee</td>
</tr>
<tr>
<td>Meree hathe-liyaan bhee hoongee pavitr pyaree</td>
<td>Meree hathe-liyaan bhee hoongee pavitr pyaree</td>
</tr>
</tbody>
</table>
O Supreme One! May You inspire virtue and grace in all the limbs of my body, that they may earn me fame and strength. May my speech be sweet and fulfilling. May my breathing provide my body with enough vital air. May I absorb the best influences from the outside world through my eyes and ears. May I exercise control in my sensual passions, and my heart possess harmonizing emotions. May I consume righteous and healthy food (vegetarian), and sustain pious thoughts. And may I use my hands only to worship You and perform good actions.

I make a vow before Thy sacred Throne
To try and hold my mortal heart away
From sin; my human organs shall be prone
To keep the world I give Thee on this day.
My tongue, my nose and both the sides of palm,
My eyes, my ears, the genitals and my heart
My hands, my throat, and head, serene and calm,
Will sure remain from sinful deeds apart.

THIRD PERFORMANCE

मार्जन मAAARJANA:
Seeking God’s blessings in purifying the whole body of any impurities (by sprinkling water) and thinking of scrubbing clean all body part and the action performed through them.

ओं भू: पुनातु शिरासि। ओं भुव: पुनातु नेत्रयो:। ओं स्व: पुनातु कण्ठे। ओं यह: पुनातु ह्रिदये। ओं जन: पुनातु नाभ्याम्। ओं तप: पुनातु पादयो:। ओं सत्यं पुनातु पुनविश्वरसि। ओं खं ब्रह्म पुनातु सर्वत्र॥

3. Om bhooḥ punaatu shirasi. (Sprinkle the head)
   Om bhuvah punaatu netrayoh. (Eyes)
   Om svah punaatu kantthe. (Throat)
   Om mahah punaatu hridaye. (Heart)
   Om janaḥ punaatu naabhyaam. (Navel)
   Om tapah punaatu paadayoh. (Feet)
   Om satyam punaatu punash-shirasi. (Head)
   Om kham brahma punaatu sarvatra. (All over)
| प्रत्येक स्थिरता में स्वभावी जीवन, मस्तक पवित्र कराओ दयार्थ हो दयामय, नयनों में ज्योति भराओ आनंद मय अधीश्वर, हमको मुक्त दीजिए भगवन हृदय सदन में, हरदम निवास कीजिए जग के जनक हमारी हो नाभि निविंकारी पद भी पवित्र होवे, हे सर्वज्ञानधारी पुनि-पुनि पुनीत सिर हो, हे सत्यरूप स्वामी सर्वांग शुद्ध होवे, व्यापक विभो! नमामि |
| Jeevan swaroop jaga-pati! mastak pavitr kardo Dayaardr ho dayaamay, nayano me jyoti bhardo Aanand may adheesh-var, hamko sukaanth deejie Bhagavan hriday sadan me, hardam nivaas keejie Jag ke janak hamaaree ho naabhi nir-vikaaree Pad bhee pavitr hove, he sarv jñaan dhaaree Puni puni puneet sir ho, he saty roop swaamee sarvaaṅg shuddh hove, vyaapak vibho namaami |

**TRANSLATION**

For complete purity in my entire personality, I pray that The Lord, the basis of all existence, grant me knowledge that can help purify my thinking; my vision; my speech; my hearing; my sensual impulses; my movements; my understanding; and my entire personality; so that all my thoughts and actions conform to the dharma.

But Glorious Father! I am weak and frail
And hence depend on Thy Loving Grace,
My sole efforts will not, O Lord, avail
The frightful host of heinous sins to face.
So, therefore, Lord, I meekly pray to Thee
To make me pure in mind, and too strong
To yield to tempting sins. O make me free
To sit in peace and sing Thy Glory’s song.
O Living, Holy, Happy Father, Great,
The Wise and Omnipresent King of all,
The Sole Eternal Master of my fate,
My mind and soul Thy gracious blessings call
To make my head, my eyes and passions pure,
To change my vicious heart; and guide my feet,
To grace my brain and throat, and make it sure
That sin will nowhere find a welcome seat.
FOURTH PERFORMANCE

प्राणायाम प्राणायाम: 
Controlling the breath, and contemplating the qualities of the Supreme Lord.
Please refer to the instructions on page 1.

ओं भूः। ओं भुवः। ओं स्वः। ओं महः। ओं जनः। ओं तपः।
ओं सत्यम्। इति प्राणायाममन्त्रः। तत्त्वते आः प्रचो १०। अनु २७।।

4. Om bhooḥ.
    Om bhuwaḥ.
    Om swaḥ.
    Om mahaḥ.
    Om janaḥ.
    Om tapaḥ.
    Om satyam.

सर्वेष सर्व-व्यापक, संपूर्ण सर्वज्ञाता
शिव सत्य रूप सुन्दर, सर्वंत्र ही सुहाता
सक्रिया सागुण सचेतन, सर्वं ज्ञ सच्चर्दाता
तेन शारण मे आया, हूँ आर्त हो विधाता

Sarvesh sarva-vyaapak, sampoorṇ sarva-jñaataa
Shiv saty roop sundar, sarvatra hee suhaataa
Sakriyaa saguṇ sachetan, sarvajña sadhya-daataa
Teree sharaṇ me aayaa, hoon aart ho vidaataa

TRANSLATION

The Supreme Lord is:

Bhooḥ - Dearer than breath, and Basis of all existence
Bhuwaḥ - Dispeller of all pains, Origin of all becoming
Swaḥ - Bestower of Happiness
Mahaḥ - Worthy of Worship, and the Fount of greatness
Janaḥ - Origin of creativity
Tapaḥ - Impeller of action
Satyam - Personification of Truth

I meditate on these qualities of God and I pray that I may be like Him as far as my capabilities would permit. May I be dear to others (on the path of righteousness) as He is to me. May I relieve people of their pains, and make them happy. May I earn respect from others (the righteous) and be creative in my dealings. In being motivated to act righteously, may I be a channel for God’s Truth.

I hold my breath in sacred awe and pray
O God of Life, O Holy God of Bliss;
O Father, Great and Wise, and True, this day
My soul arrives Thy Glorious Feet to kiss.

FIFTH PERFORMANCE

अघमर्षण: AGHAMARSHAÑA:
Discovering the process of the creation of the universe, and identifying God as the Creator, Sustainer and Destroyer, in an effort to decrease the tendency to commit sin.

ओऽम् ॠतं च सत्यं चार्भीद्रातपसोध्योज्यजायत ||
ततो रात्र्यजायत ततः समुद्रोअर्णवः: II १ II

5. Om Ritañ cha satyañ cha-abheed-dhaat tapaso’dhya-jaayata
   Tato raatr-ya-jaayata tatah samudro ’arñavaḥ

| ऋत सत्यके सहरे संसारको सजाया |
| तेरा महान कोशल है सिन्धु ने दिखाया |
| Rit saty ke sahaare, sansaar ko sajaayaa |
| Teraa mahaan kaushal, hai sindhu ne dikhaayaa |

TRANSLATION

In the beginning, the Cosmic Laws were first generated to govern the order in which the universe had to be created; and then, the universe itself became manifest, all through the conscious Creative Will-force of God. After each cycle of creation, there follows a grand dissolution of all created things, resulting in total darkness. When this prolonged period of dissolution comes to an end, a new cycle of creation begins, with atomic particles becoming agitated in one big ocean-like mass.

By God’s command His Nature brought to light
The principles and the atoms of this earth.
Then came chaos and heat and motion bright,
And then the waves of ocean got their birth.

ओं समुद्रादर्णवादधक संवत्सरोसअजायत ||
अहोरात्राणि विदध्विश्वस्य मिष्टतो वशी || २ ||

6. Om Samudraad arñavaad adhi Samvat-saro ’ajaa-yata.
   Aho-raa-traañi vida-dhad vishvasya mishato vashee

| पहले के कल्प जैसे, रवि चन्द्र फिर बनाए |
| पहले के कल्प jaise, ravi chandr phir banaae |
| दिन रात पक्ष संवत, मे काल क्रम चलाए |
| Din raat pakṣ samwat, me kaal kram chalaay |

TRANSLATION

The agitated, heated particles, in this ocean, combine in their own way, resulting in the formation of the stars, planets and other luminous bodies, and these begin to rotate in their own orbits. This rotation causes the concept of Time to be born. The Controller of this immense cosmos, as if without effort, causes this Time to be divided into day and night.
And after these the planets moved aright
Along the annual course of heaven blue.
The King of all creates the day and night
Without effort and their order due.

And, as before, the Maker made again,
The sun, the moon, and bodies dark and bright,
The sky above, the place unknown to pain –
The home of bliss - the Realm of Holy Light.

**TRANSLATION**

In this cycle of creation, God created the sun, moon, heaven, earth and sky, and all the natural elements like air, fire, and water, and all life forms. These He created exactly as He did in the past creations, and as He would do in future ones, too.

And, as before, the Maker made again,
The sun, the moon, and bodies dark and bright,
The sky above, the place unknown to pain –
The home of bliss - the Realm of Holy Light.

**आचमन AA-CHAM-ANA:**

Sipping sacramental water as amrita, the nectar of deathlessness, and asking for a life filled with happiness. (Chant the mantra once and sip the water thrice).

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| ओऽ सूर्यचन्द्रमासौ धाता यथापूर्वमेकल्पयत्। | Om Sooryaa chandra-masau dhaataa Yathaa poorvam akal-payat |
| दिवं च पृथिवीं चान्तरिक्षमधो स्वः॥ ३ ॥ | Divañ cha prithiveeñ Cha-antar-iksham-atho swaḥ ॥ ३ ॥ |

| ध्याय अन्तरिक्ष धर्नी, नित नेम पर टिकाए। | Dhyau antariksh dhara-née, nit nem par ṭikaae |
| तू रम रहा सभी मे, तुझ्मे सभी समाए। | Too ram raha sabhee me, tujhme sabhee samaae |

| आचमन AA-CHAM-ANA: | Devee swaroop eeshwar poorṇ abheesḥṭ keeji-e |
| श्रणोर्भि स्ववन्तु न:॥ १ ॥ | yah neer ho sudhaa-may kalyaan daan deeji-e |
| —यजु:० ३६।१२ | Nit riddhi siddhi barse hit ho sadaa hamaaraa |
| Devee swaroop eeshwar poorṇ abheesḥṭ keeji-e |
| yah neer ho sudhaa-may kalyaan daan deeji-e |
| Nit riddhi siddhi barse hit ho sadaa hamaaraa |
| bahatee rahe hriday me sad-dharm prem dhaaraa |
SIXTH PERFORMANCE

मनसा परिक्रमा MANASAA PARI-KRAMAA:
Certifying the Presence of God in all directions and expressing our gratitude for the bounties He provides for us to achieve perfection.


TRANSLATION

In the eastern direction, we discover the supreme presence of Agni, the Lord of Light, under whose control the morning sun rises. He is free from limitations, and protects by sending us arrow-like rays of inspiration from His Sun of Divine Wisdom.

We acknowledge, O Radiant One, Your Rulership, Your Protection, and the blessed gift of rays that keep us away from the darkness of ignorance.

We also commend into Your Justice whatever ill-feeling anyone may have for us or we may have for anyone.
Thou art before us, Father Good and Wise!
The Mighty King who saves the world from woes
Who made the sun that from the East does rise
And on this earth its beams of luster throws –
The lustrous beams which shower life on earth
And makes us living through Thy blessed grace.
Oh Lord, to thank Thee for Thy gift of life
We bend our knees before Thy Holy Face.
We also thank Thee for Thy Rule benign
Thy kind protection and Thy blessings sweet
And those who are the dreaded foes of mine
I lay them humbly at Thy Gracious Feet.

Translation

In the southern direction, we discover the supreme presence of Indra; the Lord Who scatters and finally destroys the dark clouds of ignorance that impede the free functioning of our intellect. He possesses heavenly, infinite Glory, and protects by sending us learning through parents and teachers on earth.

We thank You, O Glorious One, for Your Rulership, Your Protection, and for the blessed gift of teachers who stimulate our intellect.

We also commend into Your Justice whatever ill-feeling anyone may have for us or we may have for anyone.
Oh Mighty Sovereign! Thou art to our right  
The Great protector from the dreaded brood  
Of boneless reptiles. Lord of Vedic Light!  
Thy sages come to teach us what is good.  
We also thank Thee for Thy Rule benign  
Thy kind protection and Thy blessings sweet  
And those who are the dreaded foes of mine  
I lay them humbly at Thy Gracious Feet.

प्रतीची दिगवरुणो:धिपतिः: पूर्वाकृ रक्षतात्मरिवचः:। तेभ्यो  
नमोधिपतिः: नमो रक्षतृप्यो: नम इष्टृप्यो: नम एभ्यो: अस्तु।  
योःसमान् द्विष्टि यं वर्यं विद्यस्तं वो जम्भे: दध्मः:॥ २ ॥

11.  Oṃ Prateeche princess varuṇo ‘dhi-patiḥ  
pri-daa-koo rakṣita-annam iṣhavaḥ.  
Tebhyo namo’dhipati-bhyo namo rakṣi-tribhyo nama.  
Iṣhu-bhyo nama ebhya astu.  
Yo’s maan dweṣhtī, yam vayam  
Dwiṣhmaś-tam vo jambhe dadhmaḥ.

पश्चिम में भी प्रकोट हो, तुम ही वरुण कहाते  
विषधारीयो के बाधा विग्रह विफल बनाते  
सब प्राणीयो का पोषण, करते हो अन्न द्वारा  
दुःख मे दया दिखाते, मुख मे तुम्ही सहारा  
हम बार बार भगवान! करते तुम्हें नमस्ते  
यदि द्विश्र भावना हो, तो न्याय तेरे हस्ते  

Pash-chim me bhee prakaṭ ho, tum hee Varuṇ kahaate  
Viṣha-dhaari-yo ke baadhaa vigrah viphal banaate  
Sab praaniyo kaa pośhan, karte ho ann dwaaraa  
Dukh me dayaa dikhaate, sukh me tumhee sahaaraa  
Ham baar baar bhagavan! Karte tumhe namaste  
Yadi dweṣh bhaawanaa ho, to nyaay tere haste

TRANSLATION
In the western direction, we discover the supreme presence of Varuna, the Lord worthy of  
our final choice and acceptance. He inspires into our thinking the inner sounds of intuition  
that destroy our animal tendencies. He protects by providing us natural and pious food.  

We express our greatfulness, O Choice-worthy One, for Your Rulership, Your Protection,  
and blessed gift of grains that provide sanctity to our mind.
We also commend into Your Justice whatever ill-feeling anyone may have for us or we may have for anyone.

Thou art behind us, gracious King, adored
As Great Protector from bony beasts
Thou save our humble lives having stored
The hungry earth, O Lord, with human feast.
We also thank Thee for Thy Rule benign
Thy kind protection and Thy blessings sweet
And those who are the dreaded foes of mine
I lay them humbly at Thy Gracious Feet.

12. Om Udeechee dik somo ’dhi-patiḥ
    swajo rakṣhitaa shanir ɪʃhavaḥ.
    Tebhyo namo’dhipati-bhyo namo rakṣhi-tribhya nama.
    Iʃhu-bhya nama ebhya astu.
    Yo’s maan dweʃhṭi, yam vayam
    Dwīʃhmas-tam vo jambhe dadhmaḥ.

| हे सोम रूप स्वामी! उत्तर उपांग तेरा सवेत्र सब दिशा में, हे आप का बसेरा विद्युत-विधान द्वारा, जगती को जगमगाया ज़ीवों में चेतना का, संचार कर दिखाया हम बार बार भगवन! करते तुम्हे नमस्ते यदि द्वेश भावना हो, तो न्याय तेरे हस्ते |
| He Som roop swaamee! Uttar upaang teraa Sarvtr sab dishaa me, hai aap ka baseraa Vidyut vidhaan dwaaraa, jagatee ko jagama-gaayaa Jeevo me chetanaa kaa, sañchaar kar dikhaayaa Ham baar baar bhagavan! Karte tumhe namaste Yadi dweśh bhaawanaa ho, to nyaay tere haste |

TRANSLATION
In the northern direction, we discover the supreme presence of Soma, the Essence of devotional peace. His light, Peace and Beauty are all self-created in Him. He protects by sending arrow-like sparks of His Natural Peace into our troubled hearts.

We offer our appreciation, O peaceful One, for Your Rulership, Your protection, and the blessed gift of sparks of Peace that replace tension and discontent.
We also commend into Your Justice whatever ill-feeling anyone may have for us or we may have for anyone.

And Thou art to our left, O Peaceful King
To save us from the self-borne insects’ bane
By Nature’s heat. Thy praise we humbly sing,
O Loving Savior from the pangs of pain!
We also thank Thee for Thy Rule benign
Thy kind protection and Thy blessings sweet
And those who are the dreaded foes of mine
I lay them humbly at Thy Gracious Feet.

13. Om Dhruvaa dig viṣṇur adhi-patiḥ
   kal-maāśha-greevo rakṣhitaa vee-ru-dha iṣhavaḥ.
   Tebhyo namo’hipati-bhyo namo rakṣhi-tribhyo nama.
   Iṣhu-bhyo nama ebhyo astu.
   Yo’s maan dweṣhti, yam vayam
   Dwīṣhmas-tam vo jambhe dadhmaḥ.

He Viṣṇu sarv vyaapin! neeche niwaas karte
Phal phool ped pallav, sab me tumhee vicharate
Tum kar rahe ho rakshan, santaaan-wat hamaara
Dukh sukh sabhee samay me, saathhee sakhaa sahaaraa
Ham baar baar bhagavan! Karte tumhe namaste
Yadi dweṣh bhavanaa ho, to nyaay tere haste

TRANSLATION
In the lower direction, we discover the supreme presence of Vishnu, the Lord Who pervades every particle of the earth on which we live. He creates and sustains the diversity of colors and shapes that make life interesting. He protects by providing trees and plants.

We graciously accept, O All-Pervading One, Your rulership, Your Protection, and the blessed gift of vegetation that neutralizes the poison gases in the atmosphere.
We also commend into Your Justice whatever ill-feeling anyone may have for us or we may have for anyone.

Thou art below us, Omnipresent King
To nourish life with plants of tuberous roots
And verdant trees that leafy shelter brings,
And yield to us ten thousand kinds of fruits.
We also thank Thee for Thy Rule benign
Thy kind protection and Thy blessings sweet
And those who are the dreaded foes of mine
I lay them humbly at Thy Gracious Feet.

14. Om Oor-dhwaa dig brihas-patir adhi-patiḥ
       shwi-tro rakṣhitaa varṣham-īṣhavaḥ.
       Tebhyo namo’dhipati-bhyo namo rakṣhi-tribhyo nama.
       Iṣhu-bhyo nama ebhyo astu.
       Yo’s maan dweṣhti, yam vayam
       Dwīṣhmas-tam vo jambhe dadhmaḥ.
TRANSLATION

In the upper direction, we discover the supreme presence of Brihaspati, the Lord of great powers. Who has produced the sun, moon, and countless stars found in the heavens above. He is Pure and Wondrous, and of golden color like the sun. He protects by sending rainfall.

We offer our devotion, O Mighty One, for Your Rulership, Your protection, and the blessed gift of rain that increases fertility in the earth, quenches our thirst, washes our impurity, and cools the fire of vice that burns our divine energy.

We also commend into Your Justice whatever ill-feeling anyone may have for us or we may have for anyone.

Thou art above us, Great and Holy King  
To develop and protect us on this earth.  
Thy grace the vital drop of rain doth bring  
To fill with corn the seat of mortal birth.  
We also thank Thee for Thy Rule benign  
Thy kind protection and Thy blessings sweet  
And those who are the dreaded foes of mine  
I lay them humbly at Thy Gracious Feet.

SEVENTH PERFORMANCE

उपस्थान UPA-STHAANA:

Feeling the living presence of God after having a direct vision of Him.

15. Om  
Ud-vayam tama-sas pari swaḥ pashyanta ʻut-taram,  
Devan devatraa sooryam aganma jyotir ut-tamam.

| रावि रश्मि के रामिया! पावन प्रभा दिखा दो |
|---|---|
| अज्ञान की तमिस्रा, भूलोक से मिटा दो |
| देवों के देव अनुदिन, हो दिव्य दृष्टि प्यारी |
| श्रुति गान को ना भूले, रसना कभी हमारी |

| Ravi rashmi ke ramiyyaa! paawan prabhaa dikhaa do |
| Ajñaan kee tamisraa, bhoo-lok se mitaa do |
| Devo ke dev anudin, ho divy drishti pyaaree |
| Shruti gaan ko naa bhoole, rasanaa kabhee hamaaree |
Transcending the dazzling wonders of the world, and realizing the even more wondrous potentials of my own soul, may I come face to face with the most wondrous resplendence of God. He is the Divine Sun that gives light to the sun, moon and stars.

May I obtain the glorious God of Light
The wisest God of Bliss and Lord Supreme
The Sun that keeps the souls of mortals bright
And forms my humble prayer’s sacred theme.

16. Om Udut-yam jaata-vedasam Devam vahanti ketavah
Drishe vishwaaya sooryam.

All words of wisdom and all objects in the world point to God’s existence, so that we can see Him as we see the sun everyday. It is He Who is the origin of all Wisdom and is present in all created things.

The various objects of this wondrous earth
Are beacon flags to guide us on to know
The Glorious Sun of Life Who gives us birth
And sent His Veda, the righteous path to show.

17. Om Chitram devaanaam ud-agaad aneekam
Chakṣur mitrasya varuṇasya-agneḥ,
Aapraa dyaaawaa pri-thi-vee ‘antarikṣhaṁ
Soorya ‘aatmaa jagatas tas-thu-ṣhash cha swaahaa!
In Samaadhi, in Divine Realization, I come face to face with God’s wondrous Light which has suddenly become manifest in my harmonized self. This light is a Path-finder for any person who has given up infatuation and hate, who has chosen the path of good works, and who is knowledgeable. It is the same Light that pervades heaven, earth and sky. This Divine is the Indweller in all that moves and does not move. Swaahaa! Yes, indeed this is the Truth!!

How wondrous is this Lord of Holy Light
The sun’s Support, the God of moon, the Source Of shining bodies, the Lord of fire bright,
The heaven’s Lord, the King of earth, the Force That made the sky and countless kinds of things That moves and do not move. O Lord of might,
My humble heart Thy sacred prayer sings
To let me think, speak and act right.

ओं तच्छक्षुदवहितं पुरस्ताच्छक्रमुच्चरत्। पश्येम शारदः शातं
जीवेम शारदः शातः शृणुयाम शारदः शातं प्रब्रव्रम शारदः शातमदीना:
स्याम शारदः शातं भूयश्च शारदः शातात्॥ ४ ॥

यजुः ० अ ० ३६ । म ० २४ ॥

18. Om Tach chakṣhur devahitam Purastaach chhukram uch-charat
Pashyema sharadaḥ shatam
Jeevema sharadaḥ shatam
Shriṇu-yaama sharadaḥ shatam
Pra bra-vaama sharadaḥ shatam
Adeenaah syaama sharadaḥ shatam
Bhooyash cha sharadaḥ shataaat.
TRANSLATION

His is the Divine Eye that shows the way to all righteous people. Everywhere we turn, we find His Eye present in front of us, shedding Light, and ever watchful of our movements.

May we live for a hundred years and, in our daily life perceive His living Presence in all our actions. For a hundred years may we listen to His Glory and Majesty as described in the Knowledge He revealed (in Vedas, Upanishads etc.), and even proclaim such Glory for all to hear. With God as our Guide, may we never be subjected for a hundred years, and even for more than a hundred years.

That Ever-wakeful Eye, Eternal, Pure
That watches close the deeds of right and wrong
Whose Holy Grace the learned souls secure
May bless in life my prayer's sacred song.
And may we live and see a hundred years;
A hundred autumns hear His Holy Name,
And sing His Glory free from human fears
That close attends the heels of earthly fame.
And if we live for more than a hundred years,
The same delights attend us all the days
We live, and bring us all the sacred cheers
For which the heart to gracious heaven prays
आचमन AA-CHAM-ANA:
Sipping sacramental water as amrita, the nectar of deathlessness, and asking for a life filled with happiness.  
(Chant the mantra once and sip the water thrice).

19. Om shanno dever abhiṣṭaya 'aapo bhavantu peetaye. 
shanyor abhi sravantu naḥ.

Devee swaroop eeshwar poorn abheeshht keeji-e 
yah neer ho sudhhaa-may kalyaan daan deeji-e 
Nit riddhi siddhi barse hit ho sadaa hamaaraa 
bahatee rahe hriday me sad-dharm prem dhaaraa

EIGHTH PERFORMANCE
अथ ब्रह्म गायत्री सावित्री गुरु मंत्र
ATHA BRAHMA GAAYATREE SAAVITREE GURU MANTRA

Chant Om and Gayatree Mantra at least three times, contemplating on their meanings. The Gayatree Mantra has been taught in a disciplic succession by ancient Rishis, to assist us to unlock the source of inspiration.

20. Om bhoor bhuwaḥ swaḥ, 
Tat savitur vareṇyam Bhargo devasya dheemahi, 
Dhiyo yo naḥ pracho-dayaat.

Omkaar aady akšhay, adwait aj anupam 
Ad-bhut ajar ajanmaa, av-yay a-nagh aroopam 
Ho satya roop swaamee, chit chaaroo chet dhaaree 
Aanand oja-may ho, aadarsh aart haaree 
Praaṇesh praar-thanaa hai, path puṇya-may dikhaa-o 
Mith-yaa ma-matwa mat-sar, mal moha mad mitaa-o
| सेवा सुमन पिरोकार, माला महत बानां | Sewaa suman pirokar, maalaa mahat banaa-oon |
| अनुराग भावना से, भगवान पर चढ़ां | Anu-raag bhaa-wa-naa se, bhagawaan par chaḍha-oon |
| मूद मांगलिक मन से, मैं मोक्ष धाम जाईं | Mud maṅgalik man se, mai mokṣh dhaam jaa-oon |
| सर्वोच्च शांति सुखकर, सत्तिक समृद्धि पाईं | Sarvōcch shaanti sukhakar, saattik samṛddhi paaiṁ |
| विश्वात्मा विनय है, वर दीजिए विचारी | Vishwaatmaa vinay hai, var deejiiye vichaaree |
| धी धर्ममय धवल हो, ध्रुव धर्म ध्यानधारी | Dhī dharma-may dhawal ho, dhruv dharma-ध्यानधारी |

| तर्कवर्त्ती तुम्हें सुनो, एक ही धर्ममय ध्यान में | Tarkavartī tumhen suño, eka hi dharma-may dhyān meṁ |

**TRANSLATION**

God is dear to me like my own breath. He is the dispeller of my pains, and the giver of happiness. I meditate on the supremely adorable light of the divine creator, that it may inspire my thought and understanding.

Oh Soul of Life, the Holy King of Kings!
Oh God of all the regions, high and low,
Oh Lord of Joy, Whose Glory nature sings,
Who shapes the earth and lets the mortals grow.
We seek Thy blessed Feet to meditate
Upon Thy Glorious Form of Holy Light
Which drives away the gloom of sins we hate
And makes the souls of righteous people bright.
My heart, oh Father, meekly prays to Thee
To win Thy Grace, to make me good and wise,
And bless my mind with knowledge, full and free
From dark and vicious thoughts of sins and lies.

**NINTH PERFORMANCE**

**समर्पण SAMARPĀNA: Surrender and Dedication**

हे ईश्वर दयानिधे! भवत्कृप्यावरोऽने जपोपासनादिकर्मणां
धर्मार्थकाममोक्षाणां सद्रः सिद्धिर्भवेन: ||

21. **He eesh-vara dayaa-nidhe!**
   Bhawat kripa-yaa ʿnena
   Japo-paa-sanaa-di karmaṇaa
   Dharmaartha kaama mokṣhaa-ṇaam
   Sadyaḥ siddhir bhawen-naḥ

हे ईश्वर! हे दया के असीम भंडार! आप की कृपा से जप और उपासना द्वारा हमें धर्म, अर्थ, काम, और मोक्ष शीघ्र सिद्ध होवे
He eeshvar! He dayaa ke aseem bhaṇḍaar! Aap kee kripaa se jap aur upaasanaa dwaaraa hame dhaarm, arth, kaam, aur mokṣh sheeghr siddh hove.

TRANSLATION

O Lord! O Infinite Treasure of Mercy! By Your Grace, may we very soon realize Dharma, Artha, Kaama, Mokṣha through our Japa and Upaasanaa

Dharma: righteous living.
Artha: righteous wealth.
Kaama: righteous enjoyment.
Mokṣha: emancipation from the world.
Japa: recitation of God’s Name
Upaasanaa: communion with God.

TENTH PERFORMANCE

नमस्कार NAMASKAARA: Final Obeisance to God

तत ईश्वरम् नमस्कुर्यात्

Tata Eeshwaram Namas-kuryaat

(Let Us All Now Pay Final Obeisance to God!)

ओं नमः शाम्भवाय च मयोभवाय च नमः शांकराय च मयस्कराय च नमः शिवाय च शिवतराय च।।

यजृः:० अ: १६। म:० ४१।।

22. Om Namaḥ sham-bhawaaya cha mayo bhawaaya cha namaḥ shaṅ-karaaya cha mayas-karaaaya cha namaḥ shivaaya cha shiva taraaya cha
Salutations unto You, Lord, the Embodiment and Bestower of Peace and Bliss! Salutations unto You, Benevolent and Auspicious One! Yes, indeed, I offer my salutation unto you, since you are more benevolent than anyone else in this immense creation.

And now I bow to Thee, O God of calm,  
O God of Peace, and Lord of Bliss Divine!  
Thy Grace supplies to burning hearts a balm,  
Thy blessings in my right desires shine!  
Finally I bow to Thee again and again  
Thy Vedic knowledge brings success in my life.

![Image of the page content](image-url)
All Aryas/Hindus are required to be invested with the Sacred Thread (Yajñopaveet, Janeo, Brahma Sootra) in order to become a Dwija (twice born) to be “fit to perform Yajña, study the Vadas and/or chant Mantras”. The full Upanayana Sanskaar is be performed for children, but because many practicing Hindus/Aryas did not go through this Sanskaar, for one reason or the other, it is strongly recommended that these individuals be invested with the Sacred Cord through the following procedure - only after fully understanding the significance of being invested:

If the Yajmaan is sponsoring the Yajña, before kindling the diyaa, the Yajmaan stands and holds the Janeo in hands, as directed; if the person is not the Yajmaan, it is administered to that person desirous of receiving the Sacred Cord in/at a Yajña being performed by/for someone else before the chanting of the Gayaatree Mantra; either way purohit chants:

ओऽ यज्ञोपवीतं परमं पवित्रं प्रजापतियं तस्माः पूरस्तात्।
आयुष्मानं प्रतिमुखं शुभ्रं यज्ञोपवीतं बलस्मस्तु तेजः॥

Om Yajño-paveetam paramam pavitram
Praajaa-pater yat sahajam purastaat
Aayuṣhyam agryam prati-muñcha shubram
Yajño-paveetam balam astu tejah

This divine cord is supremely pure and has been existing with God since the beginning. This cord inspires a new life-style, and motivates you to go forward. Wear this beautiful cord, and cultivate emotional strength and luster in your personality.

यज्ञोपवीतमसि यज्ञस्य तवं यज्ञोपवीतेनोपन्धास्मि॥

Om yajño-paveetam-asì yajñasya tvaa
Yajño-paveetenopa-nahyaami

You are now inducted into a new life-style of sacrifice and study. With this cord you are bound to a life of sacrificial discipline

(The Janeo is now placed over head on the left shoulder and hangs under right arm, as directed, then Yajña commences.)

Note: Before the Gayaatree Mantra is chanted the person invested with the Janeo circumambulates the Kund once and chants/recites the Third Principle of Arya Samaj then makes an offering of Ghee:

चेद सब सत्यविद्याओं का पुस्तक है। चेद का पढ़ा-पढ़ाना और सुना-सुनाना सब आरों का परम धर्म है।

Ved sab saty vidyaaon kaa pustak hai. Ved kaa paḍhaanaa paḍhaanaa, Aur sun-naa sunaa-naa Sab aaryon kaa param dharma hai

Veda is the scripture of all true knowledge. Reading, teaching, hearing and reciting the Veda is the first duty of all Aryas.
Devayajña - Agnihotra

The following are preliminary procedures/Mantras leading to the Agnihotra

अथ आचमन विधि: Atha Aachamana Vidhiḥ

Here Begins the Procedure of Aachaman – Sipping Sacramental Water

Aachamana is the sipping of sacramental water from the right palm. This is an act performed before the performance of the Agnihotra Ceremony. The aspirant seeks to symbolically wash his/her inner self of all impurity.

ओम् अमृतोपस्तरणामसि स्वाहा ॥१॥

1. Om amritopas-tara-ṇamasi swaahaa.
   O Divine Waters! You are the Support of Eternal Life.

ओम् अमृतापिधानामसि स्वाहा ॥२॥

2. Om amritaapidhaa-namasi swaahaa.
   O Divine Waters! You are the Protector of Eternal Life.

ओस्तत्यं यशः: श्रीमध्यं श्रीं: श्रयतां स्वाहा ॥३॥

3. Om satyam yashāḥ shriya shree mayi shree ya-taam swaahaa.
   May wealth, consisting of Truth, fame and riches take refuge in me.

अथ अंग स्पर्श विधि: Atha Āṅga Sparsha Vidhiḥ

Here Begins the Procedure of - Āṅga Sparsha

i.e. Touching the body parts with Sacramental Water

The aspirant now touches the body parts with sacramental water, praying that these remain strong, healthy and fulfill their functions in accordance with Dharma

ओं बाघ्रं आस्येस्तु। इस मन्त्र से मुख।

1. Om vaañ ma aasye ‘stu. (Lips)

ओं नसोम् प्राणोस्तु। इस मन्त्र से नासिका

2. Om nasor me praaṇo ‘stu. (nostrils)

ओम् अक्षोम् चक्षुस्तु। इस मन्त्र से दोनों आँखें

3. Om akshnor me chakshur astu. (eyes)

ओं कर्णोयोम् श्रोत्रमस्तु। ॥४॥ इस मन्त्र से दोनों कान

4. Om karna-yor me shro-tram astu. (ears)

ओं बाह्रोम् बलमस्तु। ॥५॥ इस मन्त्र से दोनों बाहु
5. Om baah-wor me balam astu. (arms)
6. Om oor-wor ma ‘ojo ‘stu. (thighs)
7. Om arish-ṭaani me’ṅgaani tanoos tanwaa me saha santu. (all over)

May the speech in my mouth be sanctified in God. May the breath in my nostrils, the sight in my eyes, and hearing in my ears be sanctified in God. May the force in my arms and legs be sanctified in God. May my limbs be all unharmed. And, may my outer self be in harmony with my inner self.

अथेश्वरस्तूतिप्रार्थनोपासनामन्चा:

ATHESHVARA STUTI PRAARTHANO-PAASANAA MANTRAAH

Here begins the Glorification of, Prayer to, and Communion with God. In this chant of Eeshwar Stuti, Praarthanaa, Upaasanna, we seek to describe the Qualities of God, petition to Him in terms of our legitimate needs, and become one with Him, in His Own Words – the Words of the Vedas.

1. Om Vishvaani deva savitar duritaani paraa-suva
Yad bhadrana tannaa’aa suva

O God! O Creator of this Universe! O Radiant Cause of all manifestations! Do remove from us all that is difficult in our experience, and all tendencies to transgress Your Laws, and bring unto us all that is beautiful, benevolent and auspicious.

2. Om Hiraṇya-garbhaḥ sama-vartta-taagree
Bhootasya jaataḥ patir-equa aaseet,
Sa daa-dhaara prithiveem dyaamu temaam
Kasmai devaaya haviṣhaa vidhema
God is the Sustainer of luminous bodies and the Source of Light, and He has been present even before the creation of this universe. He is known to be the Sole Master of all beings. He sustains this earth and heaven. Unto that Blissful Divinity do we offer our worship with love and devotion.

3. **Om**
   
   Ya’aat-maadaa bala-daa yasya vishva’
   
   Upaasate prashiham yasya devaaḥ,
   
   Yasya-ch-chaaya’ya mritam yasya mrityuḥ
   
   Kasmai devaaya haviṣhaa vidhema

He gives us the consciousness that we are souls, and provides us with strength. All wise people worship Him, and they obey His commands. Under His shade flows the nectar of immortal bliss, and opposing Him brings us daily death. Unto that Blissful Divinity do we offer our worship with love and devotion.

4. **Om**
   
   Yah praaṇa-to nimiśha-to mahitvai-ka’
   
   Id-raajaa jagato babhoova,
   
   Ya’ eeshe’ asya dvipa-dash chatuṣṭha-padaḥ
   
   Kasmai devaaya haviṣhaa vidhema

He, through His Own Glory, is the Sole King of this entire breathing and winking world. He controls all bipeds and quadrupeds. Unto that Blissful Divinity do we offer our worship with love and devotion.

5. **Om**
   
   Yena dyaur-ugra prithivee cha driṣṭhaa
   
   Yena swaḥ stabhitam yena naakāḥ,
   
   Yo’ antarikṣhe rajaso vimaanāḥ
   
   Kasmai devaaya haviṣhaa vidhema

He Who has steadied the thunderous heaven and the solid earth and confers happiness free from all sorrow. He Who creates the planets with bird-like movements, and causes them to revolve in space. Unto that Blissful Divinity do we offer our worship with love and devotion.
6. Om Prajaa-pate! Na twa-deta-anya-nyo
Vishvaa jaataani pari taa babhoova,
Yat kaamaas-te juhumas tan-no’ astu
Vayam syaama patayo rayeeṇaam

O Prajapati! O Master of this entire creation! No-one, except You, can control the creatures of this visible, and other invisible worlds. May those righteous desires, for which we come to Your Shelter, be fulfilled. May we be masters of earthly and heavenly riches.

7. Om Sa no bandhur janitaa sa vidhaataa
Dhaamaani veda bhuva-naani vishvaa,
Yatra devaa’ amritam-aa-na-shaanaas
Triteeye dhaamanna-dhyair-ayanta

He alone, O people, is our mother, father, brother, sister, and friend, creator and Law-giver. He knows all names, regions and beginning events. In Him are the liberated souls, moving about at their own free will and enjoying the essence of eternal life, sustained in the third state of consciousness.

8. Om Agne! naya su-pathaa raaye’ asmaan
Vishvaani deva vayunaani vidvaan,
Yuyo-dhyas-maj juhuraañam-eno
Bhooyiṣṭhaan te nama’ uktim vidhema

O Agni! O God! Lead us on the right path to the wealth of liberation, for You know all pathways leading in that direction. Remove from us all sins that lead us astray. Again and again we offer You words of humble salutation and praise.
हे सकल जगत के उत्तिकरता! समग्र, ऐश्वर्य्युक्त, शुद्ध स्वरूप, सर्व सुखो के दाता परमेश्वर! आप कृपा करके हमारे संपूर्ण दुःख, दुर्वशस्त्र और दुःखो को दूर कीजिए. जो कल्याणकारक गुण, कर्म, स्वभाव और पदार्थ है, वे सब हमको प्राप्त कराइबे!

He sakal jagat ke ut-patti-kartaa! Samagr, aishwarya-yukt, shuddh svaroop, sarv sukho ke daataa Parmeshvar! Aap kripaa karke hamaare sampoorn durgun, durvyasan aur duhkho ko door keejiye. Jo kalyaan-kaarak gu, karm, svabhaav aur padaarth hai, ve sab hamko praat karaa-i-ye! (Note: This is the Hindi arth for the first Mantra)

|| इतीश्वरस्तुतिप्रार्थनाप्रकरणम् ||

Iteeshvara Stutipraarthanon-paasanaa Prakaraṇam
Here Comes To An End The Eeshvar Stuti Praar’thanaa Upaasanaa Chant

अथ स्वस्तिवाचनम्
Atha Swasti Vaachanam
Here Begins the Swasti Vaachana Chant

We now begin Swasti Vaachana. These are prayers for a harmonized life. We pray that the Supreme Cosmic Force, God, and all other Cosmic forces - the sun, moon, stars, air, earth, sky and heaven, and teachers, parents and friends may contribute their powers to help make our lives blissful.

1. Om Agnim-eële purohitam Yajñasya devam rit-vijam
Hotaaram ratna-dhaatamam
We praise Agni, God. We praise Him Who has been present even before this creation. He is Glorious Lord of this Cosmic Sacrifice, and is worthy of our worship in all seasons. We praise Him Who is the Creator and Supreme Sustainer of all the jewel-like planets that decorate the Cosmic Drama.

2. Om Sa nař piteva soonave’gne soopaayano bhava
Sachas-vaa nař swastaye

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Come to us, sweetly and readily, O Agni, O God as a parent comes unto a child. Unite us, Lord with Yourself and with the bounties of this world for Swasti (noble living, fortune and prosperity).

3. Om Swasti no mimeetaam ashvinaa bhagal
    Swasti devyaditir anar-vanah,
    Swasti pooșhaa asuro dadhaatu nah
    Swasti dyaavaa prithivee suchetu-naa

May all dual forces measure Swasti for us. May our fortune and wealth bring us Swasti. May the Divine Earth and the irresistible mountains yield Swasti for us. May the clouds that provide us life through rain-fall sustain Swasti for us, and may the sun and all the planets confer Swasti unto us through the supreme knowledge they contain.

4. Om Swastaye vaayum upa-bravaamahai
    Somam Swasti bhuva-nasya yas-patiḥ,
    Brishas-patim sarva-gaṇam swastaye
    Swastaya aadityaaso bhavantu nah

Let us, in our search for an elevated existence, explore the qualities of air, and even of the moon that influences operations on Earth. We call upon the Teacher of Wisdom, surrounded by eager students, to teach us for Swasti, and may those people who are benefactors of all of creation help us in achieving this elevated existence.

5. Om Vishve devaa no adyaa swastaye
    Vaish-vaa-naro vasur-agniḥ swastaye,
    Devaa avant-vriba-vaḥ swastaye
    Swasti no rudraḥ paat-vam-hasaḥ
Let all wise people instruct us today for Swasti. Let fire, present everywhere, benefiting all creatures, be for our facility and comfort. Let all forces that bring light to the world, protect us while we acquire this comfort, and let the system of social justice protect us from wrong-doing, yielding Swasti for us.

6. Om Swasti mitraa varuṇaa Swasti pathye revati
Swasti na indrash-cha-agnish-cha Swasti no adite kridhi
Mother Earth! May you cause us to walk on the path of individual enrichment while we make use of hydrogen and oxygen, electricity and fire.

7. Om Swasti panthaa-manu charema Sooryaa Chandrama-saaviva
Punar dadataa ghnataa Jaanataa sañ gamemahi
Let us all follow the path of Swasti, like sun and moon. Let us be in the company of those who constantly give of what they have, who never hurt the feelings of others, and who know much of God and His Wisdom.

8. Om Ishhe tvorje tvaa vaayava stha
devo vaḥ savitaa
praarpayatu Shreṣṭha-tamaaya karnaṇa’
Aap-yaa-ya-dhwam-aghnyaa’
indraaya bhaagam Prajaa-vateerana-meevaan’ ayakṣhmaa
maa va stena’ eeshata maagha shanso
Dhruvaa’ asmin gopatau syaata bahveer yajamaanasya
pashoon paahi
O God! We pray to You to strengthen us that we may continually strive for wisdom, inner strength, discrimination and physical power to righteously attain enjoyable objects (material/physical and spiritual). May we seek Your inspiration for doing good deeds, becoming progressive and enjoying righteous means of comforts. May our cows/animals be free from diseases and produce good offspring and provide plenty of milk/service for the welfare of the nation. May the sinful (those indulging in adharmic acts) not be within our midst. May the cows and other resources remain in plenty with us and may we be their protectors. O God! Protect the cattle, family and all possessions of the host, who performs dharmic/good deeds.

May we, while becoming wise, hear with our ears that which is noble. Becoming sanctified, may we see with our eyes that which is auspicious. Singing God’s praises with strong and healthy bodies, let us enjoy the life-span determined by good deeds.

O Radiant One, O God, come to me from all directions to set me apart from the powers of darkness. I sing Your glory at this critical moment in my life, and beg for the gift of discriminating knowledge. Be seated in the temple of my heart and fulfill my heart-felt dharmik desires.

You, O Radiant Being, O God, are the One sought out in all acts of benevolence and sacrifice. This is acknowledged to be true by enlightened people in human society.
Three numbers (singular, dual and plural) and seven cases (nominative, accusative, instrumental, dative, ablative, genitive, and locative) are the foundations in the Science of Grammar. They surround and sustain all word-forms, causing differences in meanings. May the Teachers of Wisdom, today, make me knowledgeable in their use so that I may understand and explain the deepest imports of Words of Wisdom.

II इति स्वस्तिवाचनम् II
Iti Swasti Vaachanam
Here Ends the Swasti Vaachana chant.

अथ शांतिकरणम्
Atha Shaanti Karaṇam
Here begins the Shaanti Karaṇa Chant

We now begin Shaanti Karana. These are prayers to God and to the Cosmic Forces to yield peace in our personality. Without Shaanti, there can be no Swasti. Without peace there can be no nobility in life. And, this peace is the actual cooling down of the five fires of lust, anger, greed, infatuation and vanity that burn and destroys our divine energy.

1. Om Shan na indra-agnee bhava-taam avobhiḥ
    Shan na indraa varuṇaa raata-havyaa,
    Sham-indraa somaa su-vi-taaya shan yoḥ
    Shan na indraa pooṣha-ṇaa vaaja-satau
May the Supreme One, God, Possessor of Radiant Light, give us peace with His protective resources. May the Supreme One, possessor of Choiceworthiness, bountiful in gifts, bring us peace. May the Supreme One and His Devotion create tranquility in us. And, may the Supreme One and His Nourishment grant us harmony in the battle of life.

2. Om Shan no bhagaḥ shamu naḥ shanso astu
Shan naḥ puran-dhiḥ shamu santu raayaḥ,
Shan naḥ satyasya su-yamasya shansaḥ
Shan no aryamaa puru-jaato astu

May our fortune yield us peace; may the observance of law and order in society bring us peace. May economic prosperity that sustains citizenship confer peace. May our practice of truth and self-discipline generate peace, and may the soul, who performs actions and is born again and again, progress in peace.

3. Om Shan no dhaataa shamu dhartaa no astu
Shan na u-roo-chee bhavatu sva-dhaabhiḥ,
Sham rodasee brihatee shan no adriḥ
Shan no devaanaam suha-vaani santu

May air and sunlight be peacefully supportive of life. May the spacious earth, with its life-sustaining grains, produce peace in us. May the extensive sky, containing mountain-shaped masses of clouds, rain down peace, and may our invocations of Nature’s bounties be chanted in peace.

4. Om Shan no agnir jyotir aneeko astu
Shanno mitraa varuṇaa vash-vinaa sham,
Shan naḥ sukritaam sukri-taani santu
Shan na iṣhoro abhi-vaatu vaataḥ
May fire, whose force is light, bring us peace. May hydrogen and oxygen, and all other dual forces, generate peace. May the actions of righteous people create an atmosphere of peace, and may the refreshing winds blow peace on us.

5. Om
Shan no dyaaavā prithivee poorva-hootau
Sham antarkṣham drishaye no astu,
Shan na osha-dheer vanino bhavantu
Shan no rajasas patir-astu jīṣhṇuḥ

May light and darkness inspire peace at the time of dawn when we make our first invocations. May the sky be there for us to look at, to expand our vision. May medicinal herbs and forest trees contribute to a healthy and peaceful surrounding. And may the sun that victoriously rules over this planetary system be for our peace.

6. Om
Shan na indro vasu-bhir devo astu
Sham aaditye-bhir varuṇah su-shansah,
Shan no rudro rudre-bhir jalaashah
Shan nas-tvāsh-ṭaa g-naa-bhi-riha shri-ṇotu

May electricity, the cosmic force acting in conjunction with the eight Vasus (earth, water, fire, air, space, moon, sun, and stars) that keep the universe inhabited, send forth peace to us. May the twelve months that make up the year give us the gift of peace. May the soul, made comfortable in the body by the presence of the vital airs, traverse the pathways of the world in peace. And, may the discriminating scholar, with words of inspiration, motivate us to listen for peace.

7. Om
Shan naḥ somo bhavatu brahma shan naḥ
Shan no graa-vaa-ṇaḥ shamu santu yaj-ṇaah,
Shan naḥ svaroo-ṇaam mitayo bhavantu
Shan naḥ prasvaḥ shan-vastu vediḥ.
May the devotion that we generate and the Mantras we chant in our ceremonies bring us supreme peace. May the ceremonies themselves, and everything associated with them – the ceremonial altars, the stones used to build them, the measurements of the pillars in the ceremonial halls, and the well-grown herbs offered onto the blazing ceremonial fires – all yield peace unto us.

भगवन! हमारा ऐसैं रीति शांतिदायक हो, हमारी प्रशंसा शांतिदायक हो, हमारी बुद्धि शांतिदायक हो, सब प्रकार के धन शांतिदायक हो, शासन शांतिदायक हो, श्रेणे का मान करने वाला न्यायकारी भगवान शांतिदायक हो।


May the vegetable kingdom bring us peace and harmony. May the all round knowledge of the material world bring happiness to us. May we derive the fullest benefit from Mother Earth. May our experiments be blessed with success and may the pillars of our buildings be built on good foundations and may our houses be well designed. May the stores of grains and children in the household bring us peace and happiness.

अथ शिवसंकल्प मंत्र: Atha Shiva Saṅkalpa Mantraḥ

Here we begin the Shiva Saṅkalpa Mantras

8. Om Yaj-jaagrato dooram-udaiti daivam
tadu suptasya tathaivaiti,
Dooraṅgamam jyotiṣhaam jyotir-ekam
tanme manaḥ shiva-saṅkalpam-astu.

That far going light of all lights that flies to the distances in one’s wakeful state, and even so, in one’s sleep, may that my mind be filled with beautiful and benevolent thoughts.

9. Om Yena karmaa-yapaso maneeki-ṣiño
yaj-ñe kriṇvanti vida-the-ṣhu dhreeraḥ,
Yada poorvam yak-ṣham antaḥ prajaa-naaṃ
tanme manaḥ shiva-saṅkalpam-astu
That mind, with the help of which wise people perform sacred deeds in sacrifices, and patient people enter into the battlefield of life, that which is the unique, mysterious light hidden in the innermost recess of our heart, may that my mind be filled with beautiful and benevolent thoughts.

10. Om Yat prajñaa-nam-uta cheto dhritish-cha
    yaj-jyotir antar amritam prajaasu,
    Yasmaan-na rite kiñ-chana karma kriyate
tanme manaḥ shiva-saṅkalpam-astu

That mind which is consciousness in itself, that which is awareness, that which is patience, and sustenance and memory, that which is the Amritaa Jyotee, the deathless light, hidden in the hearts of all created beings, that without which no action can be performed, may that my mind be filled with beautiful and benevolent thoughts.

11. Om Yene-dam bhootam bhuva-nam bhaviś-yat
    pari-griheetam amritena sarvam,
    Yena yaj-ña-taayate sapta hotaa
tanme manaḥ shiva-saṅkalpam-astu.

That deathless light by which is sustained all the past, present and future, that by which the sacrifice that has seven priests (five senses, ego, and intellect) is extended and spread, may that my mind be filled with beautiful and benevolent thoughts.

12. Om Yasmin-nrichaḥ saama yajooṁshi
    yasmin pratiṣh-ṭhitaa ratha-naa-bhaa-vivaa-raaḥ,
    Yas-minsh-chittaṁ sarvam-otam prajaa-naam
tanme manaḥ shiva-saṅkalpam astu

That mind in which is sustained the knowledge of the Rigveda, the music of the Saama-veda, and the scared deeds of the Yajurveda, like spokes in the hub of a wheel, that in which is woven and interwoven all consciousness of all beings, may that my mind be filled with beautiful and benevolent thoughts.
13. Om Su-śhaa-rathir asvaa-niva yan-manuṣhyaan
ne-nee-yate’bhee-shu-bhir vaā-jina iva,
Hrit pra-tiṣh-ṭham yad a-jiram javiṣh-ṭham
tanme manaḥ shiva-sañkālpam-astu

That mind which ever leads people like an expert charioteer controlling the reins of horses (the wise in control of the mind at all times), that which is heart-abiding, ever moving and the speediest of all forces, may that my mind be filled with beautiful and benevolent thoughts.

14. Om Sa nah pavas-va sham gave
Sham janaaya sham arvate,
Sham raajann-oṣha-dhee-bhyaḥ.

O King! O God! With your Peaceful Flow bring peace to the world of animals, and peace to the world of human beings, too. Peace, indeed, to the world of trees and plants.

15. Om Abhayan-naḥ karatya-antarikṣham
abhayan dyaaava prithivee ubhe ime,
Abhayam pash-chaad abhayam puras-taad
utta-raad adha-raad abhayam no astu

May the sky cause us no fear. No fear from both heaven and earth. No fear from behind, or from in front. Let there be fearlessness for us from above and from below.
Om Abhayam mitraad abhayam amitraad
Abhayañ jña-taad abhayam parok-ṣhaat,
Abhayan naktam abhayan divaa naḥ
Sarvaa aashaa mama mitram bhawantu

No fear from our friends, or from those who are unfriendly to us. No fear from the known, or from
the unknown. No fear in the night, or in the day. May we be friends unto all directions, and may
all directions be friendly unto us.

|| इति शान्तिकरणम् ||
Iti Shaanti Karaṇam
Here ends the Shaanti Karaṇa Chant.

अथ ब्रह्म स्त्रोतम्
ATHA BRAHMA STROTAM
Here Begin the Verses in Praise of God

नमस्ते सते ते जगत्करणाय नमस्ते चिते सर्वलोकाश्रयाय।
नमोऽद्वैतम भवाय नमो ब्रह्मणे व्यापिने शाश्वताय॥
1. Namaste sate te jagat kaara-ṇaaya
   Namaste chite sarva lokaashra-yaaya
   Namo ‘dvaita tattvaaya mukti pra-daaya
   Namo brahmaṇe vyaapine shaash-va-taaya.

Salutation to that Being, God, Who creates and supports the different worlds. Salutation to that
Truth Who is unequalled, and Who grants liberation. Salutations to that Eternal, Supreme Self
Who pervades all regions.

त्वमेकं शरणं त्वमेकं वरेण्यं त्वमेकं जगत्साक्षरं स्वप्रकाशाश्रम्
त्त्वमेकं जगत्कर्तृति पात्र प्रहर्ति त्वमेकं परं निश्चलं निर्विकल्पम्
2. Twamekam sharanỳam twamekam vareṇ-yam
   Twamekam jagat-paala-kam swa prakaa-sham
   Twamekam jagat kartri paatri pra-har-tri
   Twamekam param nish-cha-lam nir-va-kalpam.

You are my sole Refuge, worthy of my final choice. You are the One Protector of the world with
Your Self-Radiance. You alone create, sustain and destroy the universe. You are the One Great
Motionless Being free from change.
Your are feared even by the fearless, and You rule even the rulers. You are the Goal of all creatures. You purify all those who teach the virtue of purity. In a powerful way, You are the One Controller of every step taken. You are the Greatest and the Protector of all protectors.

We think of You, we worship You, we bow to You, O Witness to the drama of this universe. We go to the Shelter of that Unique Being – the Basis of everything, Self-supporting, and Supreme, - a vessel in the sea of Life.

In this world, there is no-one above You, and no ruler greater than You. You are without form, image and defining mark. You are the Ultimate Cause of all causes. You are King of all living organisms. No one created You, or rules over You – You are the Creator and Ruler of all.
We realize You as the Supreme Lord of all lords, the Supreme God of all gods, the Supreme Protector of all protectors, Lord of the world, Worthy of our praise.

त्वमेव माता च पिता त्वमेव त्वमेव बन्धुश्र सखा त्वमेव
त्वमेव विद्या द्रविणम् त्वमेव त्वमेव सर्वम् मम देव देव

7. Twameva maataa cha pitaa twameva
   Twameva bandhush cha sakhaa twameva
   Twameva vidyaa draviñam twameva
   Twameva sarvam mama deva deva

You alone are our Mother, Father, Brother and Friend. You are the Source of our learning and wealth. You are our all-in-all, God of all gods!

इति ब्रह्म स्त्रोतम्

Iti Brahma Strotam
Here ends the Brahma Strotam Chant.
ATHA-AGNI-HOTRAM

Here begins the Agnihotra Sacrifice. Since we know God to be the Divine Light, we surrender ourselves to Him symbolically by the kindling of this sacrificial fire. Onto this blazing fire, we make offerings of our self- symbolized in Ghee [clarified butter] and Samagree [mixed herbs].

समिधा चयन SAMIDHAA CHAYANA :
Choose thinner Samidhaa (sacrificial wood) and arrange them in the Kuṇḍa in a manner that the spaces between Samidhaas are aerated to support easy combustion.

अग्नि प्रदीपन AGNI PRA-DEE-PANA: - Kindling the sacrificial fire.

Instructions: Chant the following mantra, and light a deepak (deeyaa).

ओऽ भूर्भुवः स्वः ।
1. Om bhoor bhuwaḥ swaḥ.

Before I kindle this sacrificial fire, I meditate on the Light of Wisdom that pervades earth, sky and heaven, and I pray that this Wisdom may be my unerring guide in my quest to know my soul, God and the universe.

अग्नि आधान AGNI AADHAANA: Chant the following mantra then from the lighted deepak kindle a piece of camphor placed on a spoon and place it in the kunda between thin samidhaas previously arranged.

ओऽ भूर्भुवः स्वयंविरिव भूमा पृथिवीव वरिणा ।
तस्यास्ते पृथिविव देवयजनि पृष्ठेऽसर्विनिधानं दामाण्ड्यायार्द्धे ॥
—यजुः अ० ३१ म० ५।।

2. Om bhoor bhuvaḥ swar dyaur-iva bhoomnaa
prithiveeva varimṇa,
Tasyaas-te prithivi deva-yajani
Prīṣḥ-ṭhe'gnim annaa- dam-annaa dyāayaa dadhe.

Kindling this fire that pervades earth, sky and heaven, I pray that I become broad in vision like heaven, and richly abundant like earth. O Earth, many sages in ancient times, seated on your surface, performed this sacrifice. Today, like the sages of the past, I place this food-consuming fire on this very surface of yours. May I acquire wholesome food.
AGNI SAMINDHANA: - Fanning the fire (if necessary), causing it to rise.

Om ud-budhya-swa-agne prati-jaagrihi
twam iṣṭaṁ poortte sam-srije-thaamayañ cha.
Asmintsadhasthe’ adhyut-tarasmin
vishve devaa yaja-maanash cha seedata.

Be awakened, O Divine Fire, and watch over my life. May both you and this sacrificer, together, accomplish earthly and heavenly deeds. In this life, and in future lives too, may all wise people and the sacrificer be seated together for this noble performance.

SAMIDH AADHAANA: - Offering three Samidhaas (pieces of sacrificial wood).

Om Ayanta idhma aatmaa
jaata-vedas tene-dhyasva var-dhasva ched-dha vardhaya
chaasmaan praja-yaa pashu-bhir brahma-varchasena-
annaa-dyena samedhaya swaahaa,
Idam agnaye jaata-vedase, idanna mama
(With this mantra, offer first Samidhaa.)

Oh Self-effulgent Lord, source of all knowledge. Be thou our guest. Through Thy grace, may this fire be kindled and inflamed. Invigorate us also; bless us with noble offsprings, cattle and true knowledge, with spirituality and digestibility. Hail to Thee; this offering is for the Source of all knowledge and not for us.

5. Om samidhaagnim duvasyata
ghritair bodhaya taa-tithim,
Aasmin havyaa juho-tana swaahaa,
Idam agnaye, idanna mama.  (Do not offer samidhaa with this mantra)
Serve Agni (God) with well-kindled powers (concentration and devotion) and awaken that Guest with the essence of your personality. In this physical fire, make your sacramental offerings to God and the cosmic forces.

6. **Om Su-samid-dhaaya sho-chi-šhe**
   ghritam teevram juhotana,
   Agnaye jaata-vedase swaahaa,
   Idam agnaye jaata-vedase, idanna mama.
   *(With this and prior mantra, offer second samidhaa)*

Unto this well-kindled, blazing fire, unto this Jaata vedas Agni, the supreme purifier, offer the supremely purified essence of your personality. This is truthfully unto Jaata-vedas Agni, and no more mine.

7. **Om Tan-tvaa samid-bhir-aṅgiro**
   ghritena vardha-yaamasi,
   Brihach chho-chaa ya-viṣh-ṭhya swaahaa,
   Idam agnaye ‘ṅgirase, idanna mama.
   *(With this mantra, offer third Samidhaa.)*

We enhance you with sacrificial fuel and with our purified essence, Oh Aṅgiras. Blaze forth in brilliance, and vigorously burn out the impurity in this my body, offered for purification. This body offering is truthfully unto Aṅgiras Agni, it is no more mine.

8. **Om Ayanta idhma aatmaa**
   jaata-vedas tene-dhyasva var-dhasva ched-dha vardhaya
   chaasmaan praja-yaa pashu-bhir brahma-varchasena-
   annaa-dyena samedhaya swaahaa,
   Idam agnaye jaata-vedase, idanna mama
Oh Jaata-vedas Agni! Oh Divine Fire present in all creation! This, my body, is a fuel Offered unto You. Be kindled with this fuel, and make us shine in our lives. Become enhanced and make us go forward, enriching us with noble offsprings, comforts in life, proper foods, and with the brilliance of Divine Knowledge. This offering is made from the Depth of our soul unto Jaata-vedas Agni; this is no more ours.

जल सिंचन

JALA SīñChANA: Fill right palm with water, and sprinkle around the Kunda as directed. Take proper care to not get water inside the kund.


10. Om anumate ‘nu-man-yasva. (Western side from South to North) O Anumati! Consent unto life of good deeds.

11. Om saraswat-yanu-man-yasva. (Northern side from west to east) O Saraswati! Consent unto life of good deeds.

12. Om deva savitaḥ prasuva yajñam prasuva yajña-patim bhagaaya, Divyo gandharwaḥ keta-pooḥ ketan-naḥ punaatu vaachas-patir vaachan-naḥ swa-datu
(Sprinkle in all four directions, starting from south east corner in a clockwise direction back to start)

O Deva Savitah! Inspire my life of sacrifice onward, and inspire me, the sacrificer, to attain fortune. The divine waters sustain one’s body and wash one’s thought clean of impurity, May these waters, indeed, purify my thought and understanding. And may the Lord of Speech inspire sweetness in the words that I utter.
AAGHAA-RAAV-AAJYA-BHAAG-AAHUTI:
Four Ghee Oblations (While offering spread the ghee from western direction to the eastern direction all along the edge of the kund.)

ॐ अग्नये स्वाहा ॥ इदमाग्नये इदन्त मम ॥

13. Om agnaye swaahaa, (Make oblation onto the fire, to the North)
    Idam agnaye, idanna mama.
    Unto Agni, the force of cosmic strength, is this offering truthfully made. Nothing is mine.

ॐ सोमाय स्वाहा ॥ इदं सोमाय इदं न मम ॥

14. Om somaaya swaahaa, (Oblation to the South)
    Idam somaaya, idanna mama.
    Unto Soma, the force of cosmic harmony, is this offering truthfully made. Nothing is mine.

ॐ प्रजापतये स्वाहा ॥ इदं प्रजापतये इदन्त मम ॥

15. Om prajaa-pataye swaahaa, (Oblation to the Center)
    Idam prajaa-pataye, idanna mama.
    Unto Prajaapati, the force of cosmic creation, is this offering truthfully made. Nothing is mine.

ॐ इंद्राय स्वाहा ॥ इदं इंद्राय इदन्त मम ॥

16. Om indraaya swaahaa,
    Idam indraaya, idanna mama. (Center)
    Unto Indra, the force of cosmic control, is this offering truthfully made. Nothing is mine.

प्रधान होम
PRADHAANA HOMA: - Principal Sacrifice, relating to the purpose of the Havan.
प्रातः काल आहुति
PRAATAH KAAL AAHUTI: - Morning Ghee-Saamagree Oblations.
Make offerings of ghee, saamagree, and sthaaleepak (special grain preparation)

ॐ सूर्यों ज्योतिज्योतिः सूर्यः स्वाहा ॥ ॥

17. Om sooryo jyotir jyotih sooryah swaahaa.
    The Divine Sun possesses Light, and this Light shines in the rising sun.
    Swaahaa – this declaration of realized truth comes from the depth of my soul.

ॐ सूर्यों वर्चों ज्योतिर्वर्चः स्वाहा ॥ ॥

18. Om sooryo varcho jyotir varchaah swaahaa.
    The Divine Sun possesses Splendor, and this Splendor shines in the rising sun. Swaahaa.
19. **Om jyotiḥ sooryah sooryo jyotiḥ swaahaa.**  
Light resides in the Divine Sun, and the rising sun reflects this Light. Swaahaa.

20. **Om sajoor devena savitraa sajoor uṣhasendra-vatyaa**  
Juṣṭhaaṇaḥ sooryo vetu swaahaa.  
*The Divine Sun is in harmony with the rising sun and the brilliant dawn. May this beloved Divine Sun be realized in me.*

**PRADHAANA HOMA - SAAYAM KAAL AAHUTI:- Evening Oblations**  
Make offering of Ghee and Saamagree

21. **Om agnir jyotir jyotir agniḥ swaahaa.**  
The Divine Fire possesses Light, and this Light shines in the earthly fire that we kindle at night. Swaahaa.

22. **Om agnir varcho jyotir varchaḥ swaahaa.**  
The Divine Fire possesses Splendor, and this Splendor shines in the earthly fire. Swaahaa.

23. **Om agnir jyotir jyotir agniḥ swaahaa.** - (Silent chant then make offering)  
The Light that shines in the earthly fire is the Light that belongs to the Divine Fire.

24. **Om sajoor devena savitraa**  
sajo-raatryendra-vatyaa,  
Juṣṭhaaṇo’ agnir vetu swaahaa.  
The Divine Fire is in harmony with the setting sun and with the moonlit night. May this beloved Divine Fire be realized in me.
PRAATAH SAAYAM AAHUTI:
Morning and Evening Oblations of Ghee and Saamagree

25. Om bhoor agnaye praṇaaya swaaha,
    Idam agnaye praṇaaya, idanna mama.
    Unto the earthly fire that acts like breath to energize all creatures, do I make this truthful offering.

26. Om bhuvra-vaayave ‘paanaaya swaaha,
    Idam vaaya-ve ‘paanaa-ya, idanna mama.
    Unto the atmospheric wind that cools the surrounding and removes uneasiness by providing fresh air, do I make this truthful offering.

27. Om swar-aadit-yaaya vyaanaa-ya swaaha,
    Idam aadit-yaaya vyaanaa-ya, idanna mama.
    Unto the heavenly sun that makes the world happy by giving light, and causing rain to fall and grains to ripen, do I make this truthful offering.

28. Om bhoor bhuvah swar-agni vaay-vaay-ditye-bhyaḥ
    praṇa-aapaana vyaane-bhyaḥ swaaha,
    Idam agni vaay-vaay-ditye-bhyaḥ
    praṇa-aapaana vyaane-bhyaḥ, idanna mama.
    Unto earth, sky and heaven, and unto the corresponding fire, air and sun, with their functions of energizing, removing pains and making the world happy, do I make this truthful offering.

29. Om aapo jyotee raso ‘mritam brahma
    bhoor bhuvah swar-om swaahaa.
    In the performance of this sacrifice, I have sought to discover the secrets surrounding:
    1) God, the Supreme-most, All-pervading, and of the nature of Light, Love and Immortality, and
    2) The Earth, Sky, and Heaven.
Om Swaahaa! Yes, indeed, they have all been truthfully described in this sacrifice. May they all become known to me.

Praying for a functional intellect

ओ याम मेधां देवगणः पितरश्चोपासते। तथा मामद्य मेधयाग्नेम्
मेधाविनं कुरु स्वाहाः ।१६।।

—यजुः अ० ३१। म० १४।।

30. Om yaam medhaam deva-gañañāḥ pitarash chopaa-sate
Tayaa maamadya medhaya-agne
Medhaa-vinam kuru swaahaa.

O Radiant Lord of Knowledge! Make me knowledgeable today with that same knowledge which the company of the learned and people of wisdom strive to attain, so that I may indeed know You and the world.

Praying for a discriminating intellect

ओ विश्वानि देव सवितरुरितानि वर्ग सुव।
यद्भद्रतनः आ सुव स्वाह। ।१७॥

—यजुः अ० ३०। म० ३।।

31. Om vishvaani deva savitar duritaani paraa-suva
Yad bhadran tan-na’ aa suva swaahaa.

Take away from my mind, Radiant Creator, all tendencies to transgress Your Laws, bringing unto me, instead, all that is beautiful, benevolent and auspicious.

Praying for a realized intellect

ओम अग्ने नये सुपथा रायेः अस्मान विश्वानि देव वैयुनानि
विद्वान्। युयोध्युस्मन्जुहुराणामेनो भूचिष्ठाते नर्मजुहित विधेयम्
स्वाहा ।१८।।

—यजुः अ० ४०। म० १६।।

32. Om agne naya su-pathaa raaye ‘asmaan
Vishvaani deva vayu-naani vidvaan,
Yuyo-dhyas-maj juhuraañam eno
Bhooyish-thaan-te nama ‘uktim vidhema swaahaa.

O Radiant Lord of Light! Lead me unto the right path that I may attain the wealth of liberation, for You know all the pathways that lead in that direction. Separate sin from me, for it only leads me astray. Again and again, I offer you words of salutations and praise.
SVIŠṬA-KRIT AAHUTI: Oblation for Atonement

Make offerings of Bhaat [cooked grains] or Ghee.

अो यदस्य कर्मोऽत्यरीरिंचं यद्वा नूनमिहाकरम्। अनिष्ठ-स्विष्ठकृत्तृत्वभिः सर्वं स्विष्ठं मुदूं करोतु मे। अग्न्ये स्विष्ठकृते सुहुतहे सर्वप्रायासिष्ठ्चताहुतीनार्कामान समदृशिये सर्वाः।
कामान्त्समदृश्य स्वाहा।। इदमबन्ये स्विष्ठकृते इदं न मम।।

33. Om yadasya karmano ‘tyaree-richam
yad vaa nyoonam-ihaa karam,
Agniṣṭat-sviṣṭa-krid vidyaat,
sarvam sviṣṭ-ṭam su-hutam karotu me,
Agnaye sviṣṭa-krite su-huta-hute
sarva-praayash-chitt-aahuteenaam
kaamaa-naam samard-dhayi-tre
sarvaan naḥ kaamaant samard-dhaya swaahaa,
Idam agnaye, sviṣṭa-krite, idanna mama.

O Agni, O God, You are the All-knowing One, You fully know whatever is excessive or lacking in my performance of this sacrifice. May You, the Fulfiller, fulfill my performance by harmonizing it with my intent, righteous in nature, and making it well-performed. I beseech You to make me successful in all that I righteously and appropriately desire. I address this prayer to You Who fulfills all offerings and makes them well-performed, Who accepts all confession and repentance, and Who grants success in all righteous wishes. All this is unto Agni, the Fulfiller, nothing is mine.

PRA-JAA-PAT-YAA’HUTI: Silent Oblation to Prajaapati

Chant mantra silently and make offering (Ghee and Saamagree) with Swaahaa

अों प्रजापत्ये स्वाहा।। इदं प्रजापत्ये इदन मम।।

34. Om praajaa-pata-ye swaahaa.
Idam praajaa-pata-ye, idanna mama. (Chant silently)

Unto Prajaapati, the Silent Witness to the drama of this Universe is this offering made. Nothing is mine.
For a special occasion / sanskaara (Brihad Vishesh Yajña) now perform the following offerings and then make offerings specific to that occasion / sanskaara

बृहद विशेष यज्ञ BRIHADA VISHEŚHA YAJṆA

Mantras and Oblations for Big, Special Occasions / Sanskaaras.

पवमान आहुति PAVA-MAAN AAHUTI:

Oblations for Purification and Enlightenment.
Make offerings of Ghee only with these Mantras

35. Om bhooṛ bhuvaḥ swaḥ,
Agnir riṣhiḥ pava-manaḥ paaṇcha-janyaḥ purohitaḥ
Tamee-mahe maha-gayam swaahaa.
Idam agnaye pava-maanaa-ya, idanna mama.

Om, Bhooḥ, Bhuwaḥ, Swaḥ, Oh God, Thou art the giver of life. Purify and lengthen our lives and grant us strength and proper food. Oh Thou check our misfortunes. This is for God the sacrificer, not for me.

36. Om bhooṛ bhuvaḥ swaḥ,
Agnir riṣhiḥ pava-manaḥ paaṇcha-janyaḥ purohitaḥ
Tamee-mahe maha-gayam swaahaa.
Idam agnaye pava-maanaa-ya, idanna mama.

Om, Bhooḥ, Bhuwaḥ, Swaḥ, The wise God is purifier and well-wisher of all. We pray to Him the Almighty. This is for the purifying God and not for me.

37. Om bhooṛ bhuvaḥ swaḥ,
Agne pawaswa swapaa asme varchaḥ su-veeryam
Dadhad rayim mayi poṣham swaahaa.
Idam agnaye pava-maanaa-ya, idanna mama.

Om Bhooḥ, Bhuwaḥ, Swaḥ. Oh God of glorious actions pour on us splendor and powers, grant us nourishing wealth. This is for the purifying God and not for me.
Om, Bhooḥ, Bhuvah, Swaḥ. Oh Prajaapati, Lord of all, none except Thee comprehends all these created objects. When we invoke Thee for our desired object; Oh God, let it be ours. Let us be possessors of all wealth. This is for the Lord of the universe and not for me.

अष्ट आन्याहुति अष्टतावियाः: एष्टाक महिमागमणिः।
एष्टान्तस्तैकाभ्यां विश्रामप्राप्तत्वं एष्टाकम्।
स्वाहा॥ ३८॥

Eight Oblations for Auspiciousness.

Offer ghee and saamagree.

O Agni, O God! O Knowledgeable One! Bless our effort towards driving away from us the tendency to show disrespect to others. O Great Sacrificer, the Best Leader, the Most Glorious, help us shed all sorts of hatreds and ill wills. This is for God, the Ruler of the universe not for me.

ओ भूर्भूवः स्वः। प्रजापति न त्वदेततान्यन्यो विश्वा जातानि परि ता
ब्रह्म। यत्कामास्ते जुहमस्तनौ अस्तु वयम्स्याम पर्तयो रघ्याणं स्वाहा॥
इदं प्रजापतिये इदं मम ॥३८॥

—ॐ  मू  १०। सू  १२। मू  १०।
40. Om sa twan-no agne ‘vamo bhavotee
Nedīṣṭho asyaa uṣhaso vyuṣṭau,
Ava yak-śhwa no varuṇam ra-raaṇo
veehi mṛileekam suhavo na edhi swaahaa.
Idam agnee-varuṇaa-bhyaam, idanna mama.

O Agni, O God, be closest to us. At the break of the dawn, be our nearest Friend in offering help. May we, with the help of the knowledge granted by You, destroy all binding influences and promote our peaceful nature. Accept our offerings. Be with us - this is for God, King of the universe, not for me.

41. Om imam me varuṇa shyudee
Havam adyaa cha mṛilaaya,
Tvaam avasyur aacha-ke swaahaa.
Idam varuṇaaaya, idanna mama.

O Varuna! King of kings, hear this call of mine, be gracious unto me as I am longing for help, I call out to thee. This is for the King of the universe and not for me.

42. Om tat-twaa yaami brahmaṇaa vanda-maanas
tadaa shaaste yajamaano havir-bhiḥ,
Aheḷa-maano varuṇeha bo-dhyu-ru-shansa
maa na aayuḥ pra-mo-śheeḥ swaahaa.
Idam varuṇaaya, idanna mama.
I Come to Thee with my prayers adoring. Thy worshipper craves this with humble supplications. O Varuna, King of kings, be here without anger. O, Thou of wide reputation, let not our life be cut short. This is for the King of Kings, Father of all, and not for me.

43. Om ye te shatam varuṇa ye sahasram
Yaj-ṇi-yaḥ paashaa vita-ta mahaantaḥ,
Tebhir no adya savi-tota viṣhnur
vishve muñ-chantu marutaḥ svark-kaah swaahaa,
Idam varuṇaaya savitre viṣhnave vishve-bhoyo
Devebhoyo marud-bhyah svarkke-bhyah, idanna mama.

O Varuna, Great Ruler, whatever are Thy hundred fold, sacrificial bonds; whatever are thousand-folds, by them may Savitaḥ, Vishnu, and all wise people help us to gain liberation. This offering is for Varuna, Savita, Vishnu and all sages and wise people-not for me.

44. Om ayaash chaagne 'syana-bhi shasti-paash cha
Satyam-it tvam ayaa ‘si,
Ayaa no yajñam vahaas-ya-yaa
no dhehi bheṣha-jam swaahaa.
Idam agnaye ayase, idanna mama.

O Agni, O God, Thou art found everywhere, You are Protector of the virtuous. Carry our sacrifice to a successful end and help us that we may sustain cure for our transgressions. Verily art Thou all moving, O all moving God; Thou accept our sacrifice. Give health unto us, this sacrifice is for God the moving and not for me.
45. Om ud-ut-tamam varuṇa paasham-asmad
avaadhamam vi madhya-mam shra-thaaya,
Athaā vayam aaditya vrāte
tavaanā-gaso adita-ye syaama swaahaa.
Idam varu-ṇaayaa ‘dit-yaaya-aditaye cha, idanna mama.

O Varuṇa! King of Kings, loosen the bonds that bind us in the upper, middle, and lower levels - impure thoughts; impure emotions of lust, greed, anger, etc.; and excessive, uncontrolled sense-enjoyment. And thereafter may we be sinless, O Great Ruler, O Imperishable One, Thy Government is for the sake of the world at large. This offering is far the King, the government and the world and not for me.

46. Om bhavatīt-naḥ sa-manasau
sa-cheta-saa-vare-pasau,
Maa yajñam hiṃ siṣṭam
maa yajñapatim jaataveda-sau
Shivau bhavatam adya naḥ swaahaa.
Idam jaata-vedo-bhyaam, idanna mama.

O God of the universe, free us from all evils, may we, married couple, be one-minded and well disposed. Harm not the sacrifice or the tradition of sacrifice. Harm not the lord of sacrifice. O knowing One, be kind to us now and forever. This is for the Knowing One, Father of all, not for me.

Oblations for any special occasions/ sankaaras should be performed now.
Routine offerings for specific reasons

Thanking Mother Nature प्रकृति के लिए आहुति

Om शन्नो मित्र: शं वर्षण: शन्नो भवत्वर्यमा।
शन्नो इन्द्रो बृहुस्यति: शन्नो विष्णुरुस्क्रम:।
नमो ब्रह्मणे नरमस्ते वायो त्वमेव प्रत्यक्षम ब्रह्मासि।
त्वामेव प्रत्यक्षम ब्रह्मे वदिष्यामि ऋतुं वदिष्यामि सृत्यं वदिष्यामि तन्मार्जवतु
न्रुःकार्यमवतु। अर्वतु माम। अर्वतु वृक्षार्म।
ओम्ष्मू शान्तिवशान्तिशान्तिमेव।
—[तुलना—तैोआ०प्राप्ता०७।अनु०१]—

Om शन्नो mitraḥ shanuṇaḥ shanno bhavat-varyamaa
Shanna’indro brihaspatiḥ shanno Viṣṇu-ru-rukramaḥ
Namo brahmana Namaste vaayo
twameva pratyakṣham brahmaasi
twameva pratyakṣham brahma vadiṣhyaami
ritam vadiṣhyaami
satyam vadiṣhyaami
tanmaam-avatu tad-vaktaaram-avatu
avatu maam avatu vaktaaram
Om Shantaish shaantish shaantiḥ

May various elements and forces of nature, Mitra (air), Varuna (water), Aryama (Sun), Indra (rain & thunder), Brihaspati (intellect) and Vishnu (heaven) be propitious with Us. Salutations to you O God; Salutations to you O Vayu (all sustaining elements of mother nature); You indeed are the manifestation of God. I Proclaim, You indeed are the manifestation of God. I speak about the divine truth. I speak about the timeless truth. Protect me and protect the teacher.

As per Sansankaar Vidhi (p 177) following oblations (Offering of cooked grains) should be performed on the last day of a moon phase, waxing (full moon) or waning (No moon)

Poornima (Full Moon) Yajña पूर्णिमा यज्ञ
ओम् अग्नये स्वाहा

Om agnaye swaahaa
ओम अग्नीशोमाभ्याम स्वाहा
Om agnee-ṣhomaabhyam swaahaa
ओ विष्णवे स्वाहा
Om viṣhnave swaahaa
ओ भूरगनये स्वाहा || इदमगनये इदन मम ||
Om bhooragnaye swaahaa. Idam agnaye, idanna mama
ओ भुववायवे स्वाहा || इदं वायवे इदन मम ||
Om bhuvvar-vaayave swaahaa. Idam vaayave, idanna mama
ओ स्वरादित्याय स्वाहा || इदमादित्याय इदन मम ||
Om swaraa-dityaaya swaahaa. Idam aadityaaya, idanna mama
ओ भूर्भूर्भुव: स्वरगिनवायवदित्येभ्य: स्वाहा ||
इदमगिनवायवदित्येभ्य: इदन मम ||
Om bhoor-bhuvaḥ swar-agni-vaayva-aditye-bhyaḥ swaahaa.
Idam-agni vaayvaa-dityebhyaḥ, idanna mama
Amaavasyaa (No Moon) Yajña अमावस्या यज्ञ
ओम अननये स्वाहा
Om agnaye swaahaa
ओ इद्रामनीभ्याम स्वाहा
Om indraa-gneebhyaam swaahaa
ओ विष्णवे स्वाहा
Om viṣhnave swaahaa
ओ भूरगनये स्वाहा || इदमगनये इदन मम ||
Om bhooragnaye swaahaa. Idam agnaye, idanna mama
ओ भुववायवे स्वाहा || इदं वायवे इदन मम ||
Om bhuvvar-vaayave swaahaa. Idam vaayave, idanna mama
ओ स्वरादित्याय स्वाहा || इदमादित्याय इदन मम ||
Om swaraa-dityaaya swaahaa. Idam aadityaaya, idanna mama
ओ भूर्भूर्भुव: स्वरगिनवायवदित्येभ्य: स्वाहा ||
इदमगिनवायवदित्येभ्य: इदन मम ||
Om bhoor-bhuvaḥ swar-agni-vaayva-aditye-bhyaḥ swaahaa.
Idam-agni vaayvaa-dityebhyaḥ, idanna mama
Praying for health  

Om Bhadraṅ karṇe-bhiṅ śrīṇu-yaama devaa
Bhadram pash-ye-maak-ṣhabhir-yajatraḥ,
Sthirair-āṅgais-tuṣṭu-vaam-sas tanoobhir
vyashe-mahi devahitam yad-aayuḥ

Om, O God, may we hear with our ears what is auspicious,
May we see with our eyes what is auspicious and adorable,
May we be prayerful (in life) with steadiness in our bodies (and minds),
May we offer our lifespan allotted by You (for the service of Your cause, i.e. perform Dharmic actions)

Om Svasti Na Indro Vriddha-Shravaaḥ,
Svasti Naḥ Pooshaa Vishva-Vedaaḥ
Svasti Nas-Taarkṣhyo Ariṣṭa-Nemiḥ
Svasti No Brihaspatir-Dadhaatu (RV 1:89:8&6 Also from Upanishads)
May Indra, God, (of Vedas Who is of great wisdom and glory) grant us well-being (by bestowing wisdom).
May Pushaḥ (God as The Nourisher) Who is of great knowledge grant us well-being (by nourishing us and granting knowledge).
May Taarkṣya (Lord of great Protective Power and a thunderbolt/destroyer to misfortunes) grant us well-being (by protecting us from misfortunes).
(And) May Brihaspati (God as the Ultimate Guru of the Devas) grant us Well-Being,

Om Aapaḥ shivaḥ shiva-tamaaḥ shaantaḥ shanta-tama-asta-aste
krinvantu bheṣhajam.

O all pervading God; You are beneficent, make me Benevolent. You are the Giver of Peace, cure me of my illness. By Your grace, may the germ destroying medicines prove effective in curing me speedily.

Om tanoopaa agne ‘si tanvam me paahi
aayur-daa agne ‘syāyur me dehi
varcho-daa agne ‘si varcho me dehi
agne yan-me tanvaa oonam tan-ma aa-priṇa
O God; Make my body healthy, grant me physical strength, grant me stamina and longevity, By your mercy, may I get well and strong, Kindly remove from my body all ailments and weakness so I may acquire vigor and vitality.

Om tejo ‘asi tejo mayi dhehi – Om vīryamasi vīryam mayi dhehi
Om balamasi balam mayi dhehi – Om ojo’sy ojo mayi dhehi
Om manyurasi manyum mayi dhehi – Om saho’si saho mayi dhehi

O Powerful God. Give me power, make my body strong, remove my weakness and give me strength. Give me intelligence, consciousness and perception. Give me righteous anger to destroy sins, and grant me resoluteness and tolerance.

Om Tryambakam yajaamahe sugandhim puṣṭhi vardhanam,
Urvaarukam iva bandhanaan mrityor mukṣheeya maa’mritaat.
Tryambakam yajaamahe sugandhim pativedanam
Urvaarukam iva bandhanaadito mukṣheeya maamutaḥ

Great Divine Sustainer of the three worlds, destroyer of illness and supporter of all Who is worthy of our worship! Just as a ripe fruit is detached automatically from the stem, similarly free us from ailments but not from immortality. Grace us with a healthy, long life.

Starting Education विद्यारम्भ
Om sah naavavatu, Saha nau bhunaktu
saha veeryam karavaa-vahai
Tejasvi-naa-vaadhee-tamastu
Maa vid-vi-ṣhaa-vahai
O God, Let us all unite and protect ourselves. Let us render service to others and let our studies be beneficial and brilliant. Let there be no hatred among us.

Saraswati namastubhyam  varade kaamaroopini
Vidyarambhā kariṣhyaami, siddhirbhavatu me sadaa (Rishi Agasthya)
O Sarasvatī, God of all knowledge, salutations to You, the giver of boons, the One who fulfills righteous desires. As I begin my studies, may there always be accomplishment for me.

Om  Satyam brooyaat priyam brooyaan
   Na brooyaat satyam apriyam,
   Priyam cha naanritam brooyaad
   Eśha dharmaḥ sanaa-tanaḥ

A person should speak Truth, and speak it pleasingly (for the well being of people at large). One should not speak truth that is unpleasant (like calling a blind person blind). Also, one should not speak untruth that is pleasant (simply to please others). This is Sanaatana Dharma, the Eternal Law.

Om yaam medhaam deva-gaṅaḥ Pitarash chopaa-sate
   Tayaa maam-adya medhaya-agne Medhaa-vinam kuru swaahaa
O Radiant Lord of Knowledge! Make me knowledgeable today with that same knowledge which the company of the learned and people of wisdom strive to attain, so that I may indeed know You and the world.

Om  vishvaani deva savitar duritaani paraa suva
   Yad bhadran tan-naʻ aasuva swaahaa.
Take away from my mind, Radiant Creator, all tendencies to transgress Your Laws, bringing unto me, instead, all that is beautiful, benevolent and auspicious.

Om agne naya su-pathaa raaye ‘asmaan
Vishvaani deva vayu-naani vidvaan,
Yuyo-dhyas-maj juhuraañam eno
Bhooyiṣṭhaan te nama’ uktim vidhema swaahaa.

O Radiant Lord of Light! Lead me unto the right path that I may attain the wealth of liberation, for You know all the pathways that lead in that direction. Separate sin from me, for it only leads me astray. Again and again, I offer you words of salutations and praise.

Starting New Job / Business व्यवसाय आरम्भ

ओं शत हस्त समाहर सहस्र हस्त सं किर |
कृतस्य कार्यस्य चेह स्फातिस्म समावह ||

Om Shat-hasta samaahara sahastra hasta sam kira
Kritasya kaaryasya cheha sphaatim samaavaha
Earn with one hundred hands and give with a thousand hands. Expand your business and increase both your earnings and giving.

ओ येन धनेन प्रपणम् चरामि धनेन देवा धनमिच्छमान: |
तस्मिन्न इन्न्त्रो रुचिमा दधातु प्रजापति: सविता सोमो अग्नि: ||

Om yena dhanena prapaṇam charaami dhanena devaa
dhanam-ichchha-maanah
Tasminma indro ruchimaa dadhaatu prajaapatiḥ savitaa somo agniḥ
I want to invest into righteous business and earn righteous wealth. May God help me work hard and increase my interest in my endeavors.

ओ मोघमन्म् विन्दते अप्रचेता: सत्यम् ब्रवीमि वध इत्स तस्या |
नार्यमण्म पुष्यति नो सर्वायं केवलायो भवति केवलादि ||

Om mogham-annam vindate aprechetaah satyam bravimi vadha itsa
tasyaa
Naaryamaṇam puṣhyaati no sakhaayam kevalagho bhavati kewalaadi
The one who earns selfishly only to feed himself is feeding on sin. Wealth should not only be earned righteously but also should be selflessly utilized for the greater good of the entire society.

**Birthday / New born जन्मदिवस / वंश वृद्धि**

अ तरिका तरिका पुरस्ताच्चा क्रमचारक पश्येय मशारद: शातं
जीवे मशारद: शातं शृणुयाम मशारद: शातं प्र प्रबाम मशारद: शातमदीना:
स्याम मशारद: शातं भूमच्छ मशारद: शातात्॥ ४ ॥

यजु: ० अ० ३६। म० २४॥

Om Tach chakshur devahitam Purastaach chhukram uch-charat
Pashyema sharadaḥ shoṭam
Jeeve ma sharadaḥ shoṭam
Shriṇu-yaama sharadaḥ shoṭam
Pra bra-vaama sharadaḥ shoṭam
Adeenaḥ syaama sharadaḥ shoṭam
Bhooyash cha sharadaḥ shoṭaat.

ओ सं मा सिंचतु मारुत: सं पूषा सं बृहस्पति: |
सं मायमानि: सिंचतु प्रजया च धनेन च दीर्घमायु: कृषोतु मे ||

Om Sam maa siṇchantu maarutaḥ
Sam puṣaa sam brihaspatiḥ
Sam maayam-agnih siṇchatu prajayaa
Cha dhanena cha deergha-maayuḥ kriṇotu me.

*May the five elements - the life-giving air, the nourishing earth, the food digesting-energy, the juice promoting water, and the balance-maintaining sky - make my body healthy and strong. I pray for Thy blessings to live a hundred years in the company of my kith and kin and be provided with adequate wealth and prosperity.*

ओ शतम् जीव शरदे वर्धमान: शतम् हेमन्तान् शतम् वसन्तान्|  
शतम् इंद्राग्नी सबिता बृहस्पति: शतायुषा हविषेमम् पुनरुः: ||

Om Shatam jeeva sharado vardha-maanaḥ
Shatam hemantaan shatamu vasantaan.
Shatam indraagnee savitaa brihaspatiḥ
Shataa-yuṣhaa haviṣhemam punar duḥ.
May you, consume food that promote long life, strength, and intellect, happily see a hundred years. May you reach a full span of a hundred years with peace.

New Year / Holi / Deepawali नव संवत्सर (वर्ष) / होली / दीपावली
Offering of newly harvested grains

ॐ पृथिवी द्वारः प्रदिष्टो दिशो यस्मै दुःखिरावृत्ता: ।
तत्रिहंद्रमुपहिरे शिवा न: सन्तु हेतयः स्वाहा ॥१॥
Om Prithivee dyauḥ pradisho disho yasmai dyubhiraa-vritaah
Tam-ihendram-upahvaye shivaa naḥ santu hetayaḥ swaahaa

ॐ यमे किञ्चितुपेपितस्मिन् कर्मणि वृत्तहनु ।
तमे सर्वं समृद्धतं जीवत: शरदः शतं स्वाहा ॥२॥
Om Yanme kiñchid-uepsitam-asmin karnaṇi vritrahan
Tanme sarvaṃ samridhyataam jeevataḥ sharadaḥ shataṃ swaahaa

ॐ सम्पत्त्विशृङ्गितत्ववृक्षेष्ठ्यं स्त्रीः प्रजामिहावतु
स्वाहा ॥ इद्मिन्त्राय इदनः मम ॥३॥
Om Sampattir-bhootir-bhoomir-vriśṭhir-jyaisththayaṃ shraisthyam
shreeḥ prajaam-ihavaatu swaahaa. Idam-indraaya idanna mama.

ॐ यस्याभावेत वैदिकलोकिकानां भूतिभूति कर्मणाम ।
इद्मिन्त्रलीपमुपहिये सीताः सा मे तवनपायिनी भूयात् कर्मणि
कर्मणि स्वाहा ॥ इद्मिन्त्रलीपम् इदनः मम ॥४॥
Om Yasyaabhaave vaidika-laukikaanaam bhootir-bhavati karnaṇaam
Indra-patneem-upahvaye seetaaṃ sa me tvanapaayine bhooyauat
tarmaṇi karnaṇi swaahaa. Idam-indra-patnyai idanna mama.

ॐ अश्वावती गोमति सूरजातवती विभावतिः या प्राणाभृतो
अतन्द्रिता । खलमलिनीमुर्वारस्मिन् कर्मण्युपहिरे ध्रुवायसा मे
त्वनपायिनी भूयात् स्वाहा ॥ इदं सीताः इदनः मम ॥५॥
Om Ashvaavatee gomatee soo-nritaa-vati bibhar-tti yaa praana-bhrito
atandritaa khala-maalineem-urvaraam-asmin karnaṇy-uphavye
dhruvaam saa me tvana-paayine bhooyaat swaahaa.
Idam seetaayai idanna mama.
The use of the blade of the plough benefits the horses, cows and our work. It protects all beings with its hard work. It is strong and useful for the production of grains for animals and aeration of the earth. May it fulfill all our desires. We are giving this oblation for the blade of the plough and not for ourselves.

Om Seetaayai swaahaa
May there be good appreciation for Sita, the blade of the plough.

Om Prajaayai swaahaa
May there be prosperity for all the subjects.

Om Shamaayai swaahaa
May there reign prosperity and satisfaction.

Om bhootyai swaahaa
May all good fortune come to everyone.

Om Vreehaya-shcha me yavaa-shcha me maaśhaa-shcha me
tilaa-shcha me mudgaa-shcha me khalvaa-shcha me
priyaṅgava-shcha me me’ṇa-vashcha me shyaamaakaaha-shcha me
neevaaraa-shcha me godhooma-shcha me masooraa-shcha me
yajñena kalpantaam swaahaa.

O mankind, make different knids of palatable food with the help of Rice, Jauo, Urad, Wheat, Massor etc. and offer them in the holy yajña. You consume this food and give it to others.

Prayers for Harmony at home

Om Anu-vrataḥ pituḥ putro Maatraa bhavatu sam-manaaḥ.
Jaayaa patye madhu- mateem vaacham vadatu shanti-vaan swaahaa
Let the child be obedient to the father and same mind as the mother. Let the wife speak unto her husband (and vice versa) sweet words that would yield peace for the home.
Supreme merciful God, we, the members of this family, have assembled here to offer our prayers. Grant us wisdom and understanding for the promotion of mutual love and affection. May there be complete absence of hatred. May harmony prevail among all the members of the family. May the interaction between the members of this family and others be full of justice, love and mercy. May all members of the family be polite, respectable, and dutiful and may all interact courteously and truthfully.

मा भ्रात्रा भ्रातरं द्विक्षुन्मा स्वसारमुत्स्वसा।
सम्यज्ञः सब्रता भूत्वा वाचं वदत भूद्रया।।
Om Maa bhraataa bhaarataaram dvikshan-maa sva-saaram-uta sva-saa,
Sam-yañchaḥ sa-vrataa bhootvaa
vaacham vadata bhadrayaa swaaha

O Children of the Family! Let no brother hate his brother (or sister), and let no sister hate her own sister (or brother). Completely united, and following the same goals, speak words to each other in a pleasant and cultural manner.

ओं मातृ देवो भव स्वाहा
ओं पितृ देवो भव स्वाहा
ओम् आचार्य देवो भव स्वाहा
ओम् अतिथि देवो भव स्वाहा

Om Maatri devo bhava swaahaa
Om Pitri devo bhava swaahaa
Om Aachaarya devo bhava swaahaa
Om Atithi devo bhava swaahaa

See your mother as your god, your father, your teacher and your guest as gods.

Wedding Anniversary विवाह वर्षगांठ

ओं समान्यंज्ञं सर्वेऽदेवाः समापो हर्द्यानि नौ।
सं मातारिष्टवा सं भ्राता समु देष्ट्रीं दधातु नौं।।

Om Samañjantu vishve devaah samaapo hridyaani nau
Sam maatarishvaa sam dhaataa samu dešhtree dadhaatu nau

O all learned ones present in this yajña! We solemnly declare in your presence that our hearts are harmoniously united together like water from two different sources. May we, by God’s grace, remain united and may the divine powers guide us to remain as husband and wife for the rest of our lives.
May our hearts remain favorable to each other. May our thoughts be alike. May we respect each other’s viewpoints. May we remain helpful to each other.

**Remembering a departed soul**

**Divyang samriti**

May our hearts remain favorable to each other. May our thoughts be alike. May we respect each other’s viewpoints. May we remain helpful to each other.

**Work related to government**

"Sa naḥ pavas-va sham gave Sham janaaya sham arvate"
Om Svasti prajaa-bhyaḥ pari-paala-yantam
Nyaay-yena maargena maheem maheeshaḥ
Go-braahmaṇ-ebhyaḥ shubham astu nityam
Lokaah samastaḥ sukhino bhavantu

May there be happiness for all people. May the rulers righteously rule. May there be enough for all, animals and human, at all times. May all beings be happy.

आ ब्रह्माणो ब्रह्मवर्षसी जायतामा राष्ट्रे राजस्यः:
शूर्रङ्गङ्गोतिव्याधी महारथो जायतां दोग्धी धेनुवोंडा—
नूर्वानाशः: सति: पुरुष्योपप्रज्ञा जिज्ञू रंत्येष्ठा: सुभेयो
युवास्य यज्ञमानस्य चीरो जायतां निकामे निकामे न:
पुरुषों वर्षसी फलवत्यो नृआौषधधय: पच्चान्त्यो योगक्षेमो
नैः कल्पतामू।।

Om aa brahman brahmaṇo brahma varchasee jaayataamaa raaśhṭre
raajanyāḥ shoora’ iṣhavyo’ti vyadhee mahaaratho jaayataam
dogdhree dhenur voḍhaana ḍvaanaashuḥ saptiḥ purandhir yoṣhaa
jiṣhṇoo ratheshṭhaah sabheyo yuvaasya yajamaanasya veero
jaayataam nikaame nikaame naḥ parjanyo varṣhatu falavatyo na’
oṣhadhayaḥ pachyantaam yogakṣhemo naḥ kalpataam

Lord Supreme of the visible and invisible worlds, in this country of ours and throughout the World, let the Brahmanas develop as a community of brilliant individuals of Dharma, illustrious scholars of universal knowledge. Let the Kshatriyas rise as a force of heroic protectors for the nation. May the cows be fertile and abundant in milk, other domesticated animals be healthy and contribute to our welfare; our women and men in society kind and generous; may our children be brave and fearless, perform their duties, in keeping with Dharma.

May the clouds provide showers for us according to the need of the season. May the herbs and trees mature and ripen with abundant fruits. May this land, and all others, be blessed with a ceaseless cycle of growth, prosperity, happiness, and protection for the benefit of all.

New Vehicle नवीन वाहन
ओं सुत्रा-माणम् पृथ्वीवी द्याम् अनेहसम् सुर्मार्नाणम् अदितीम् सुपणीति
देवीं नावम् स्वरित्राम् अनागसम् अस्रवंतीं आरू-हेमा स्वस्तये
Om Sutra-maṇam prithiveem dyaam anehasam
susharmaṇam aditeem supraneetim
daiveem naavam swaritraam anaagasam
asra-wanteem aaroo-hemaa swastaye

Sprinkle water in all four walls of the vehicle

East
ओं श्रीश त्वा यशश्च पूर्वेः संध्रौ गोपायेताम्

Om Shreeshcha twaa yashashcha poorve sandhau gopaayetaam

South
ओं यज्ञश्च त्वा दक्ष्णाणां च दक्ष्णेः संध्रौ गोपायेताम्

Om yajñash cha twaa dakśhinaa cha dakśhine sandhau gopaayetaam

West
ओं अन्नम् च त्वा ब्राह्मणश्च च पश्चिमे संध्रौ गोपायेताम्

Om annan cha twaa braahmaṇsh cha pashchime sandhau gopaayetaam

North
ओं क्‍री च त्वा सूतरता च उत्तरे संध्रौ गोपायेताम्

Om oork cha twaa soonritaa cha uttare sandhau gopaayetaam

वल्ल बलिश्रेष्ठ यज्ञ विधि:  Balivaishvadeva Yajña Vidhih
– Prayers for feeding Animals and Birds
Offer oblations of Ghee and kheer with the following Mantras:-

1. Om agnaye swaahaa
2. Om somaaya swaahaa
3. Om agneeshomaabhyam swaahaa
4. Om vishvebhyodevebhyaḥ swaahaa
5. Om dhanvantaraye swaahaa
6. Om kuḥvai swaahaa
7. Om anumatyai swaahaa
8. Om prajaapateye swaahaa
9. Om saha dyavaa-prithivee-bhyaam swaahaa
10. Om swiṣṭha krite swaahaa
Afterwards give the sweet rice to birds and animals, fish and the poor with the following Mantras:

1. Om saanugaay-endraaya namaḥ  
2. Om saanugaaya yamaaya namaḥ  
3. Om saanugaaya varuṇaaya namaḥ  
4. Om saanugaaya somaaya namaḥ  
5. Om marudbhyo namaḥ  
6. Om adbhyo namaḥ  
7. Om vanaspatibhyo namaḥ  
8. Om Shriyai namaḥ  
9. Om bhadrakaalyai namaḥ  
10. Om brahma-pataye namaḥ  
11. Om Vaastupataye namaḥ  
12. Om Vishvebhyo devebhyo namaḥ  
13. Om divaacharebhyo bhootebhyo namaḥ  
14. Om naktañ chaaribhyo bhootebhyo namaḥ  
15. Om sarvaatmabhootaye namaḥ  
16. Om pitribhyah svadhaayibhyaḥ svadhaa namaḥ  

East  
South  
West  
North  
Aerial region  
Aqueous region  
Vegatations  
South-east  
North-east  
Middle  
Upper region  
Back  
South

Shunaam cha patitaanaam cha shva-pachaam paapa-rogiṇaam  
Vaaya-saanaam krimiṇaam cha shan-akair-nirva-ped bhuvi

Divide the remaining portion of kheer into six parts and serve the same to dogs, poor people, ants, crows, etc., birds and animal and make them happy.
Completion Procedure - Offerings for Perfection Four Oblations of Ghee

**47. Om agnaye swaahaa,**
(Offer onto the fire, to the North)
Idam agnaye, idanna mama.
Unto Agni, the force of cosmic strength, is this offering truthfully made. Swaahaa

**48. Om somaaya swaahaa,**
(South)
Idam somaaya, idanna mama.
Unto Soma, the force of cosmic harmony, is this offering truthfully made.

**49. Om pajaapataye swaahaa,**
(Center)
Idam prajaapataye, idanna mama.
Unto Prajaapati, the force of cosmic creation, is this offering truthfully made.

**50. Om indraaya swaahaa,**
(Center)
Idam indraaya, idanna mama.
Unto Indra, the force of cosmic control, is this offering truthfully made.

**Vyaaahriti Aahuti:**
Make Oblations of Ghee with the Vyaaahritis (Bhooh, Bhuvah, and Swah).

**51. Om bhoor agnaye swaahaa,**
Idam agnaye, idanna mama.
May Om, God, be in my earthly fire of consciousness. So do I make this truthful offering. Swaahaa

**52. Om bhuvar vaayave swaahaa,**
Idam vaayave, idanna mama.
May Om be in the airs of my skies. So do I make this truthful offering; swaahaa.

**53. Om swar aadityaaya swaahaa,**
Idam aadityaaya, idanna mama.
May I enjoy the bliss of the heavenly sun, that is born of the Universal Indivisible Mother; so do I truthfully make this offering. Swaahaa
Om bhoor bhuvah svaragni vaayvaa-dityebhyaḥ swaahaa.
Idam agni vaayvaa-dityebhyaḥ, idanna mama.

May Om, God, be in my earthly fire of consciousness, in the airs of my skies, in the Bliss of my heavenly sun; so do I truthfully make this offering, Swaahaa

अथ ब्रह्मा गायत्री सावित्री गुरु मंत्र

ATHA BRAHMA GAAYATREE SAAVITREE GURU MANTRA

Oblation with Ghee and Saamagree.

Om bhoor bhuvah swaḥ,
Tat savitur vareṇyam
bhargo devasya dheemahi
Dhiyo yo naḥ pracho-dayaat swaahaa.

God is dear to me like my own breath. He is the Dispeller of my pains, and the giver of happiness. I meditate on the supremely adorable Light of the Divine Creator, that It may inspire my thought and understanding.

O Soul of Life! The Holy King of kings!
O God of all the regions, high and low!
O Lord of joy, Whose Glory Nature sings,
Who shapes the earth and lets the mortals grow.

We seek Thy blessed Feet to meditate
Upon Thy Glorious Form of Holy Light!
Which drives away the gloom of sins we hate,
And makes the souls of righteous people bright.

My heart, O Father, meekly prays to Thee
To win Thy grace, to make me good and wise,
And bless my mind, with knowledge, full and free
From dark and vicious thoughts of sins and lies.
Yes, From dark and vicious thoughts of sins and lies.
POORNAHUTI: Final Oblation for Completion.

Chant thrice, each time offering Ghee and Saamagree. Offer all of the remaining ghee and saamagree with the third chant.

अः सर्वं वै पूर्णम् स्वाहा॥

56. **Om sarvam vai poornam swaahaa**

*All is perfect; all is complete.*
*Indeed, all is final; all is complete.*
*May the perfection and completeness of this ancient Vedic ritual Become a part of my personality.*

अथ मुख स्पर्शः: ATHA MUKHA SPARSHAḥ

With out-stretched palms facing the holy fire, chant each of the following mantras and pass heated palms, which were lightly coated with Ghee, over your face:

1) ओः तन्नूः अग्नेस्सिस तन्वं पाहि
   **Om tanoopaa agne `si tanvam me paahi**

2) ओः आयुर्दा अग्नेस्स्यायुर्में देहि
   **Om aayur-daa agne `sy-aayur me dehi**

3) ओः वार्च्छो अग्नेसि वर्चोः में देहि
   **Om varcho-daa agne `si varcho me dehi**

4) ओः अग्नेयन्में तन्वा ऊँ सं तन्म आपूण
   **Om agne yan-me tanvaa oonam tan-ma aa-priña**

5) ओः मेधां में देव: सविता आदधातु
   **Om medhaam me devaḥ savitaa aa-da-dhaatu**

6) ओः मेधां में देवी सरस्वती आदधातु
   **Om medhaam me devee saraswatee aa-da-dhaatu**

7) ओः मेधां में अधिनी देवावाधतां पुष्करस्रजी
   **Om medhaam me ashvi-nau devaa-vaadhattaam puṣḥ-kara-srajau**

O Agni! O God, You are the Protector of the all bodies - protect my body. You are the Giver of long life - give unto me long and healthy life. You are the Source of brilliance - let Your brilliance radiate in me. Fulfill any deficiency I have in my personality and O God, Radiant Creator, Radiant Mother of Wisdom! O Teachers and Preachers! Sustain divine, sanctified intellect in me.
With both palms, touch the body-limbs indicated.

1) 
Om vaak cha ma aa-pyyaa-ya-taam.

(Lips)

2) 
Om praanash cha ma aa-pyyaa-ya-taam.

(Nostrils)

3) 
Om chakshush cha ma aa-pyyaa-ya-taam.

(Eyes)

4) 
Om shrotram cha ma aapyyaa-ya-taam.

(Ears)

5) 
Om yasho-balam cha ma aa-pyyaa-ya-taam.

(Shoulders)

O God! Let my speech find fulfilment. Let my breathing, seeing, and hearing be fulfilled. Let my arms earn me fame and strength.

The Song of Rishi Vaama-deva.

Chant the following at the very end of the Yajña or Sanskaar.

Om bhoor bhuvah swah,

Kayaa nash chitra aa-bhuvaad-ootee sadaa-vridha sakhaa,
Kayaa shachiṣṭhaa vritaa

God resides in each of us, causing us to steadily progress. Through what kind of help would He become our Friend? Answer: Through us recognizing His Presence that will make us most happy. May we be worthy of His countless forms of help, because they are always there.
2. Om bhoor bhuvaḥ swaḥ,
    Kas twaa satyo madaanaam mañ hish-ṭho matsad andhasaḥ
    Driḍhaa chid aaruje vasu.

Among the delightful things of this world, what will make you genuinely and abundantly happy? Answer: The power that comes from devotion that would help us snap asunder the heaviest of chains which keep us bound to ignorance.

3. Om bhoor bhuvah swaḥ,
    Abhee śhu ṅaḥ sakheenaam avitaa jari-treeṇaam
    Shatam bhawaas-yoo taye.

O God! We seek to be Your friends who sing Your praises. O Supreme Protector! You come to us with countless forms of help.

यज्ञ प्रार्थना भजन

Yajñ Praarthanaa – Bhajan

Poojaneey Prabhu

पूजनीय प्रभु हमारे भाव उज्ज्वल कीजिए,
छोड़ देवे छल-कपट को, मानसिक बल दीजिए

Poojneey prabhu hamaare bhaav ujjval keeji-e,
Chhoḍ deve chhal-kapaṭ ko, maansik bal deeji-e.

Venerable Lord, make our intentions clear so that we may be free from deception; give us mental strength

वेद की गावे ऋचाए, सत्य को धारण करे,
हर्ष मे हो मग्न सारे, शोक सागर से तरे

Ved kee gaave richaaye, saty ko dhaaran kare,
Harṣ me ho magn saare, shok saagar se tare.

May we chant the Vedic hymns and uphold truth, let all be immersed in joy and cross beyond the sea of grief.

अध्यमेधादिक रचाए, यज्ञ पर उपकार को,
धर्म मयादा चलाकर, लाभ दे संसार को

Ashva-medhaa-dik rachaa-e, yajñ par-upkaar ko,
Dharm maryaadaa chalaakar, laabhb de sansaar ko.
May we organize Vedic Yajñas to ensure well-being for all. Living within the boundaries of righteousness, may we be of benefit to the world.

नित्य श्रद्धा भक्ति से, यज्ञादि हम करते रहे
रोग पीड़ित विश्व के, संताप सब हरते रहे

Nity shradhaa bhakti se, yajñaadi ham karte rahe
Rog peedhit vishva ke, sankaap sab harte rahe.

Regularly may we perform yajñas with faith and devotion. May the disease afflicted world be free from all pains.

भावना मिट जाए मन से, पाप अत्याचार की
कामनाए पूर्ण होवे, यज्ञ से नर-नारी की

Bhaavanaa mit jaa-e man se, paap atyaachaar kee
Kaama-naa-e poorn hove, yajña se nar-naaree kee.

Let our mind be free from the sins of lust and atrocity. Let the desires of all people be filled through Yajña.

लाभकारी हो हवन, हर जीव-धारी के लिए
वायु जल सर्वत्र हो, शुभ गन्ध को धारण किए.

Laabha-kaaree ho havan, har jeev-dhaaree ke liye
Vaayu jal sarvatr ho, shubh gandh ko dhaarān ki-e.

May the Hawan we perform be beneficial to all living organisms. May the wind and water everywhere maintain sweet odour.

स्वार्थ-भाव मिटे हमारा, प्रेम पथ विस्तार हो
‘इदन मम’ का सार्थक, प्रत्येक मे व्यवहार हो

Svaarth-bhaav miṭe hamaaraa, prem path visaar ho
‘Idann mama’ kaa saarthak, pratyek me vyava-haar ho.

May our selfish intentions be wiped away and the path of love be extended. Let unselfish and useful attitudes prevail in all our dealings.

हाथ जोड़ झुकाए मस्तक, बंदना हम कर रहे
नाथ करुणा रूप करुणा, आप की सब पर रहे

Haath joṭ jhukaa-e mastak, vandanaa ham kar rahe
Naath karunaa roop karunaa, aap kee sab par rahe.

With folded hands and bowed heads we pay obeisance to Thee. Let Thy Lordly Form of compassion prevail on us all.
Prayer for Universal Happiness विश्व कल्याण प्रार्थना

अोऽ असतोमा सद्दमय। तमसोमा ज्योतिर्गमय। मृत्योर्माः शूऽं गमय।।

Om Asato maa sad gamaya, Tamaso maa jyotir gamaya, Mrityormaa ‘mritam gamaya.

O great divinity, may me move from untruth to truth; from darkness of ignorance to the light of knowledge and wisdom; from death (caused by restricted & limited knowledge) to immortality (which results in liberation through bountiful and unlimited knowledge).

ओं सर्वेभावन्तु सुखिनः; सर्वं सन्तु निरामयः।

सर्वेभ्राणि पश्यन्तु, मा कश्चिदं ख्याभवेत्।

Om Sarve bhavantu sukhiñāḥ, Sarve santu niraama-yaaḥ

Sarve bhadraṇi pashyantu, Maa kash-chid duḥkha bhaag bhavet

Bless everyone, O God! Grant mercy to all, O God
Give Vedic Wisdom to all, and let all be completely happy.
O Lord! May all creatures be happy, and may no one be afflicted with pain.
May everyone be rid of illnesses, and filled with all kinds of riches.
May all see only that which is auspicious, and may all walk on the path of virtue.
O Sustainer of the Cosmic Breath, may no one be in calamity and distress.

आं शान्तिः शान्तिः शान्तिः।।

Om Shaantish Shaantish Shaantiḥ

Iti Agnihotram.

Here comes to an end the Agnihotra Ceremony.
आरती भजन Aaratee Bhajan

आरती भजन

ओम जय जय जगदीश हो, स्वामी जय जगदीश हो
भक्त जनों के संकट, क्षण में दर करे,
जो ध्यान फल पाए, दुःख विनाश मन का सुख संपति घर आवे, कष्ट मिटे तन का मात पिता तुम मेरे, शरण गहूं किसी तुम बिन और ना दूजा, आभूष हर जिसकी
तुम पूर्ण परमात्मा, तुम अंतर्यामी पार-विश्व परमेश्वर, तुम सबके स्वामी.
तुम करुणा के सागर, तुम पालन करता दीन दयाल कृपालु, कृपा करो भरता.
तुम हो एक अगोचर, सब के प्राण-पति प्रकाश मय जगदीश दीजे मोहे सुमति दीन-बंधु दुःख-हरता, तुम रक्षक मेरे करुणा हस्त बढ़ाओ, द्वार पड़ा तेरे.
विषय विकार मिटाओ, पाप हो देवा श्रद्धा भक्ति बढ़ाओ, सन्तन की सेवा तन मन धन सब है तेरा, स्वामी सब कुछ है तेरा तेरा तुझको अर्पण क्या लागे मेरा.

Translation

O Lord of the universe, Supreme Soul, Dispeller of sorrow, hail unto Thee! May Thy rule of righteousness be established everywhere, for it is Thou Who removes in an instant the agonies of Thy devotees. May Thy kingdom of virtue reign supreme.
Whoever meditates upon Thee receives Thy grace. The worries of his mind will disappear; his home is blessed with peace, happiness and plenty and all his bodily pains vanish.

Thou art my Mother and Father. Who else’s protection can I seek? Besides Thee there is no other in whom I can place my hope.

Thou art God perfect, the knower of our innermost thought, the Most Exalted Master of all.

Thou art an Ocean of Mercy, the Protector of all. I am Thy servant, Thou my master. Grant me Thy grace.

Thou art beyond the knowledge of the senses, Formless Lord of all life!

Grant me wisdom that I may have a glimpse of Thee. Thou art the Friend of the helpless and the Dispeller of suffering. Thou art my Savior. Extend Thy hand of mercy, I seek Thy refuge.

Help us that we may destroy our base desires and wipe out our sins, through our increase in our faith and devotion to You. May we serve Thee and Thy devotees!

Our body, soul and wealth belong to Thee. We offer You all that is yours and feel no attachment to anything.

अथ शांति पाठ Atha Shaanti Paṭha

Final Peace Chant

Om dyauḥ shaantir anta-rikṣhaṃ shaantiḥ
Prithivee shaantir aapaḥ shaantir oṣha-dhayaḥ shaantiḥ,
Vanas-patayaḥ shaantir vishve devaḥ shaantiḥ brahma shaantiḥ
Sarvamā shaantiḥ
shaantireva shaantiḥ
Saa maa shantiredhi

Om Shaantish – May Peace come to us from all Cosmic Forces!

Shaantish – May Peace come to us from all living creatures!!

Shaantiḥ – May Peace come to us from our inner self!!!
भोजन मंत्र MEAL TIME MANTRA

ओम् अनंपुतेः जनस्य नो देहान्मीवस्य शुष्मिणः ।
प्रप्र दातारु तारिषुः ऊर्जा । नो थेहि द्विपदे चतुष्पदे ॥

Om annapate ‘nnasya no dehya
na-mee-vas-ya shuśhmiṇaḥ,
Pra pra daataaram taariṣa’
oorjan no dhehi dvi-pade cha-tuṣhpade.

O Lord of Grains! May we be provided with grains to eat that are healthy and nutritious. May you take that person across the ocean of this world, who makes a gift of grains to someone else in need. Let all living creatures, bipeds and quadrupeds, consuming grains be filled with energy.

भोजन समाप्ति मंत्र MEAL COMPLETION MANTRA

ॐ मोघम अन्नमानं विन्दते अप्रचेता। सत्यं ब्रवीमि वध इत्स तस्य ।
नार्यमणं पुष्यति नो सखायं केवलाघो भवति केवलादी ॥

Om mogham annaṁ vinda apracchetāḥ
satyaṁ braveemi vadha it sa tasya
naaryamaṇaṁ puṣhyaṁ no sakhaṇaṁ
ekvalaṅgo bhavati kevaladī.

RV10:117:6
The person of low intelligence and short vision who gets food in vain (i.e. without proper effort) and prosperity for nothing, verily I say that prosperity is his/her ruin, his/her very death in life. He/she prospers not who helps not a friend or the wise; eating alone, one eats nothing but sin.

**Prayer for Common Understanding** सामाजिक सौहार्द

संसमिद्युःसे वृष्णनाते विश्रांत्यर्य आ। िठस्पदे समिध्यसे स नो बसुन्या भरे॥

1. Om sam-samid-yuves, vriśhn-agne vishvaan-yarya a.
   ॥laspade samidh-yase, sa no vasoon-yaa bhara.
   हे प्रभू तुम शक्ति शाली, हो बनाते सृष्टि को
   वेद सब गाते तुम्हे है कीजिए धन वृष्टि को
   He prabhoo tum shakti shaalee, ho banaate sriṣṭi ko
   Ved sab gaate tumhe hai keeji-e dhan vriṣṭi ko

O Most Merciful and omnipresent God. Thou art the Creator of the world. Thy Vedas and sages sing Thy praises. We humbly thank Thee for Thy blessed gift of life and guidance. We pray Thee, dear Father, that You lead us on the path of righteousness and to shower abundance of riches on us.

सं गच्छद्व सं वदद्व सं वो मनासि जानताम्।
देवा भागन यथा पूर्वं संजानाना उपासते॥

2. Om sam gach-chha-dhvam sam vada-dhvam, Sam vo manaansi jaanataam
   ॥Devaa bhaagam yathaa poorve, Sañ jaa-naa-naa upaasate.
   प्रेम सेमिलकर चलो बोलो सभी ज्ञानी बनो
   पूर्वजो की भावि तुम कर्तव्य के मानी बनो
   Prem se milkar chalo bolo sabhee jñaanee bano
   Poorvajoo kee bhaantee tum kartavy ke maanee bano

May we assemble and march forward with a common purpose. May we confer together with open minds and work together harmoniously for common good. May we pool our thoughts for integrated wisdom, and work collectively for higher ideals, because our ancestors achieved their high eminence and fortune working in unity.

समानो मन्त्रः समिधि: समानी समानं मन: तह चित्रमेणाम।
समानं मन्त्रमभिमन्त्रये व: समानेन सो हविषा जुहोमि॥
3. Om samaano mantraḥ samitiḥ samaanee
   Samaanam manaḥ saha chittam-eṣhaam
   Sa-maa-nam mantram abhi-man-traye vaḥ
   Sa-maanena vo havi-šhaa juhomi
   Ho vichaar samaan sabhke, chitt man sab eka ho
   Jñāan dete ho barā-bar, bhogy paa sab nek ho

   May our prayers be one and the same; May we belong to one fraternity; May our minds
   move in accord, and hearts work in unison for one supreme goal. Let us be inspired for one
   common ideal.

4. Om sa-maa-nee va aakootiḥ, samaanaa hri-dayaa-ni vaḥ
   Sa-maa-nam astu vo mano, yathaa vaḥ su-sa-haasati.
   Ho sabhee ke dil tatha sanskalp abhrodhī sadā
   Man bhare ho prem se jisspe baḍhe sukh sampada.

   May our aspirations be perfectly harmonious; May absolute accord reign in our mind; May
   we divide our wealth equitably among ourselves and reduce disparity; So that we may be
   welded into strong fellowship and unity.

आयर्समाज के दस नियम

AARYA SAMAAJ KE DAS NIYAM - THE TEN PRINCIPLES OF A NOBLE SOCIETY

1. Sab saty vidyaa aur jo padaarth vidyaa se jaane jaate hain, un sab kaa
   aadimool parmeshvar hai

The first (efficient) cause of all true knowledge and all that is known through
knowledge is God, the Highest Lord (Parameshvar).
2. Eeshvar sach-chid-aanand svaroop, niraakaar, sarva-shaktimaan, nyaaya-kaaree, dayaaluu, ajanmaa, anant, nir-vikaar, anauddh, sarvaanchu, sarva-vyaapak, sarva-anantaamaari, ajar, amar, abhay, nity, pavitr aur sriṣṭi-kartaa hai, usee kee upaasanaa karnee yogy hai

God (Ishwara) is existent, and blissful. He is formless, omniscient, unborn, endless, unchangeable, beginning-less, the support of all, the master of all, omnipresent, immanent, un-ageing, immortal, fearless, eternal, and holy, and the maker of all. He alone is worthy of being worshipped.

3. Ved sab saty vidyaon kaa pustak hai. Ved kaa paḍhanna, paḍhaanaa aur sunnaa sunaanaa sab aaryon kaa param dharm hai

Veda is the scripture of all true knowledge. It is the first duty of all Aryas to read them, teach them, recite them, and hear them being read.

4. Saty ke grahaṇ karne, aur asaty ke chhoḍne me sarvadaa udyat rehna chaahiye

One should always be ready to accept truth and give up untruth.

5. Sab kaam dharmaa’nusaar, arthaat saty aur asaty ko vichaar karke, karne chaahi-e

One should do everything according to the dictates of Dharma, i.e. after due reflection over right and wrong.
6. संसार का उपकार करना इस समाज का मुख्य उद्देश्य है अर्थात् शारीरिक, आत्मिक और सामाजिक उन्नति करना।

6. Sansaar kaa up-kaar karnaas is samaj kaa mukhy ud-deshy hai, arthaat shareerik, aatmik aur samaajik unnati karna

Doing good to the whole world is the primary objective of this society, i.e. to look to its physical, spiritual and social welfare.

7. सबसे प्रीतिपूर्वक, धर्मानुसार यथायोग्य वर्तना चाहिए।

7. Sabse preeti-poorvak, dharma-anusaar, yathaayogya varta-naa chaahi-e

Let thy dealing with all be regulated by love and justice, in accordance with the dictates of Dharma.

8. अविद्या का नाश और विद्या की वृद्धि करनी चाहिए।

8. Avidyaa kaa naash aur vidyaa kee vriddhi karnee chaahi-e

One should promote knowledge (vidya) and dispel ignorance (avidya).

9. प्रत्येक को अपनी ही उन्नति से सन्तुष्ट न रहना चाहिए, किंतु सबकी उन्नति में अपनी उन्नति समझनी चाहिए।

9. Pratyek ko apnee hee unnati se santuṣṭ n rehna chaahi-e, kintu sab kee unnatee me apnee unnati samajh-nee chaahi-e

One should not be content with one's own welfare alone, but should look for one's welfare in the welfare of all.

10. सब मनुष्यों को सामाजिक सर्वहितकारी नियम पालने में परतन्त्र रहना चाहिए और प्रत्येक हितकारी नियम में सब स्वतन्त्र रहें।

10. Sab manuṣhyon ko samaajik, sarva-hit-kaaree, niyam paal-ne me para-tantr rehna chaahi-e, aur pratyek hit-kaaree niyam me sab swa-tantr rahen

One should regard one's self under restrictions to follow altruistic rulings of society, while in following rules of individual welfare all should be free.